

# Randomised Evaluation of COVID-19 Therapy: the RECOVERY trial

**Collaborators' Meeting  
13<sup>th</sup> & 14<sup>th</sup> September 2021**

# Agenda

1. Introductions
2. Update on progress
3. REGEN-COV
4. Dimethyl fumarate
5. Baricitinib
6. Empagliflozin
7. Trial procedures
8. Future plans
9. Q&A

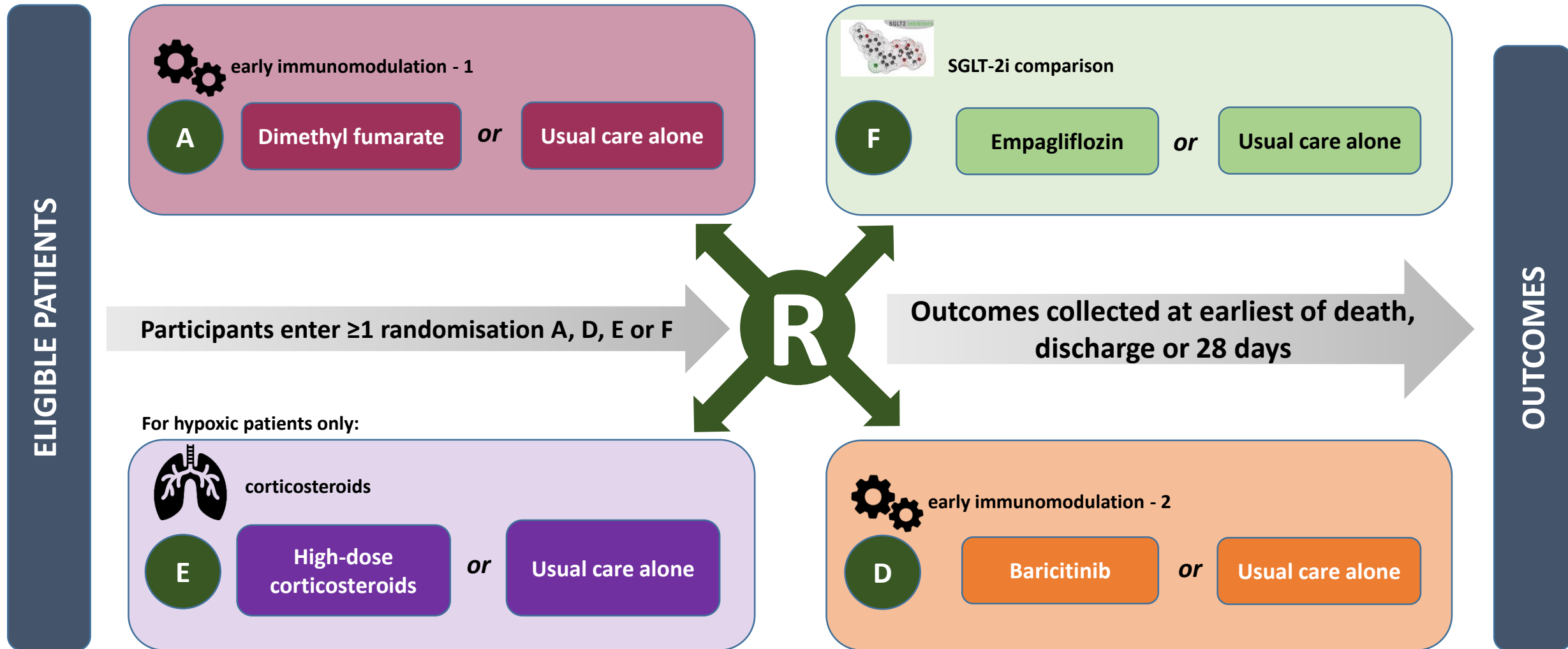
# Introductions



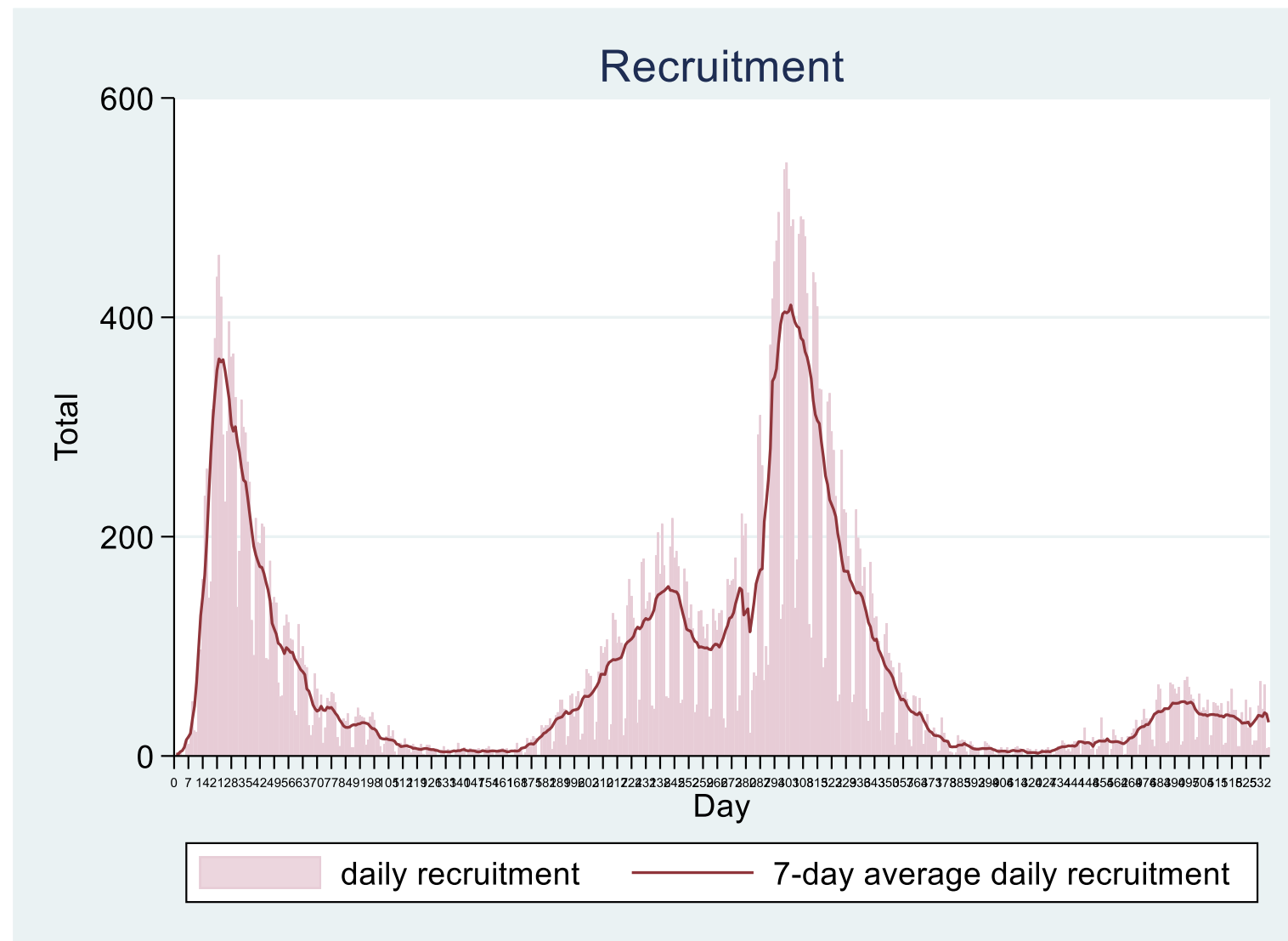
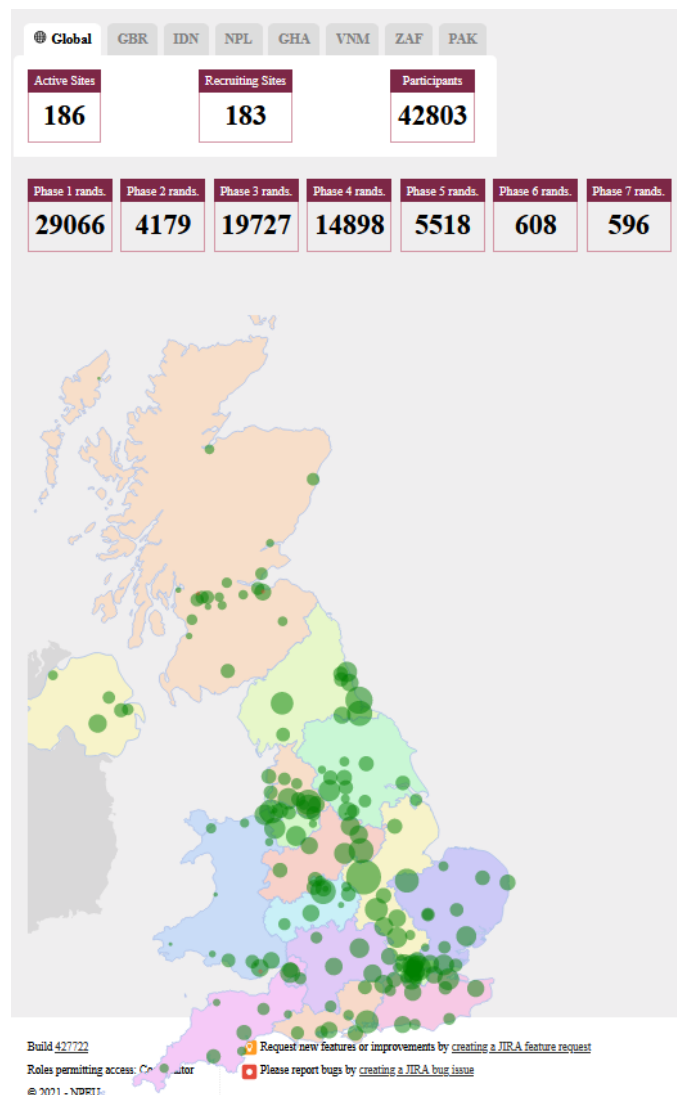
- One of the central study team will talk to the agenda
- If you have questions please enter them into the “Q&A” on the right side of your screen.
- Questions may be answered directly or to the whole group

# PROGRESS UPDATE

# Planned design (adults)



# Recruitment by site and by time



# Current numbers in comparisons

- Baricitinib vs usual care: ~5500
- Dimethyl fumarate vs usual care: 400
- Empagliflozin: ~550
- High-dose corticosteroids: ~600

# Recruitment



- Many staff will be returning to previous research studies, but please do ensure that your site continues to have a strategy to identify, invite and recruit patients presenting with COVID-19
- Numbers being admitted is fairly static, but remains important to offer trial to as many as possible



## REGEN-COV (CASIRIVIMAB AND IMDEVIMAB)

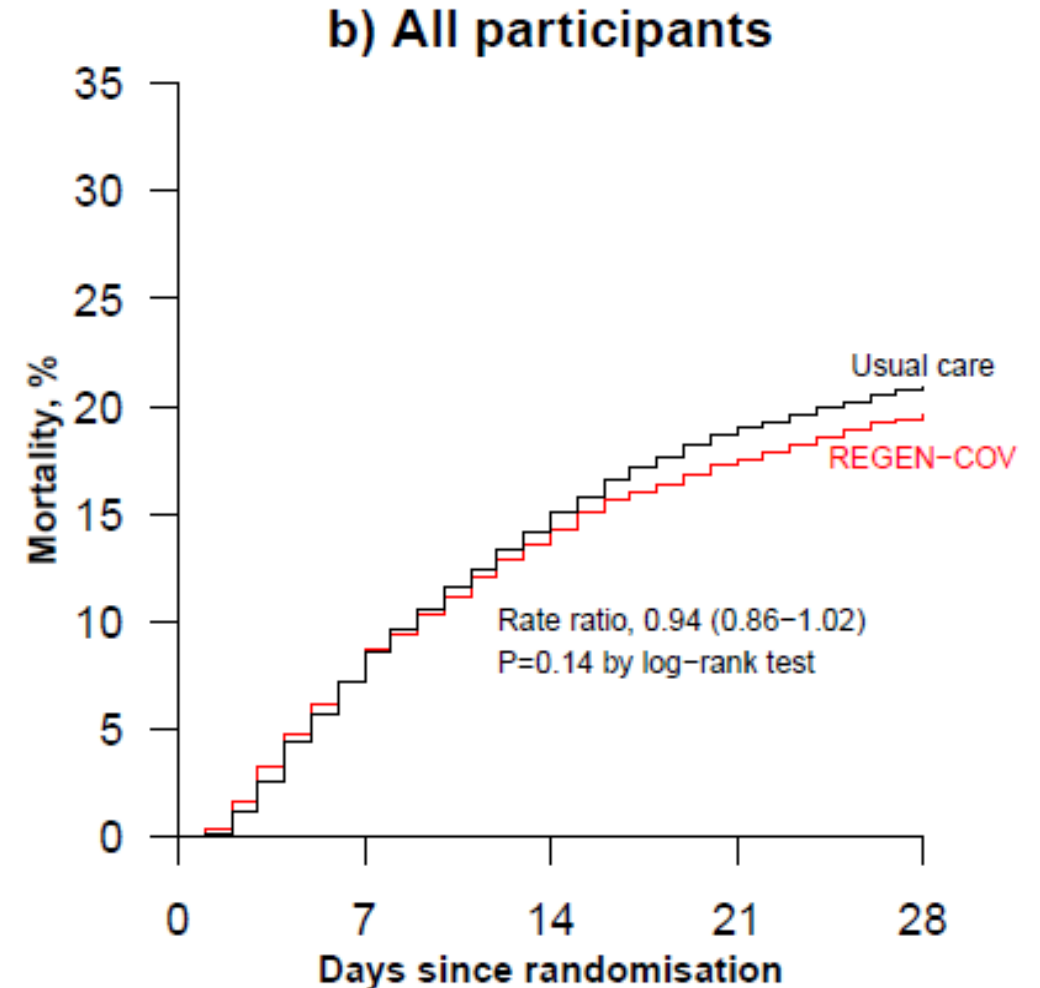
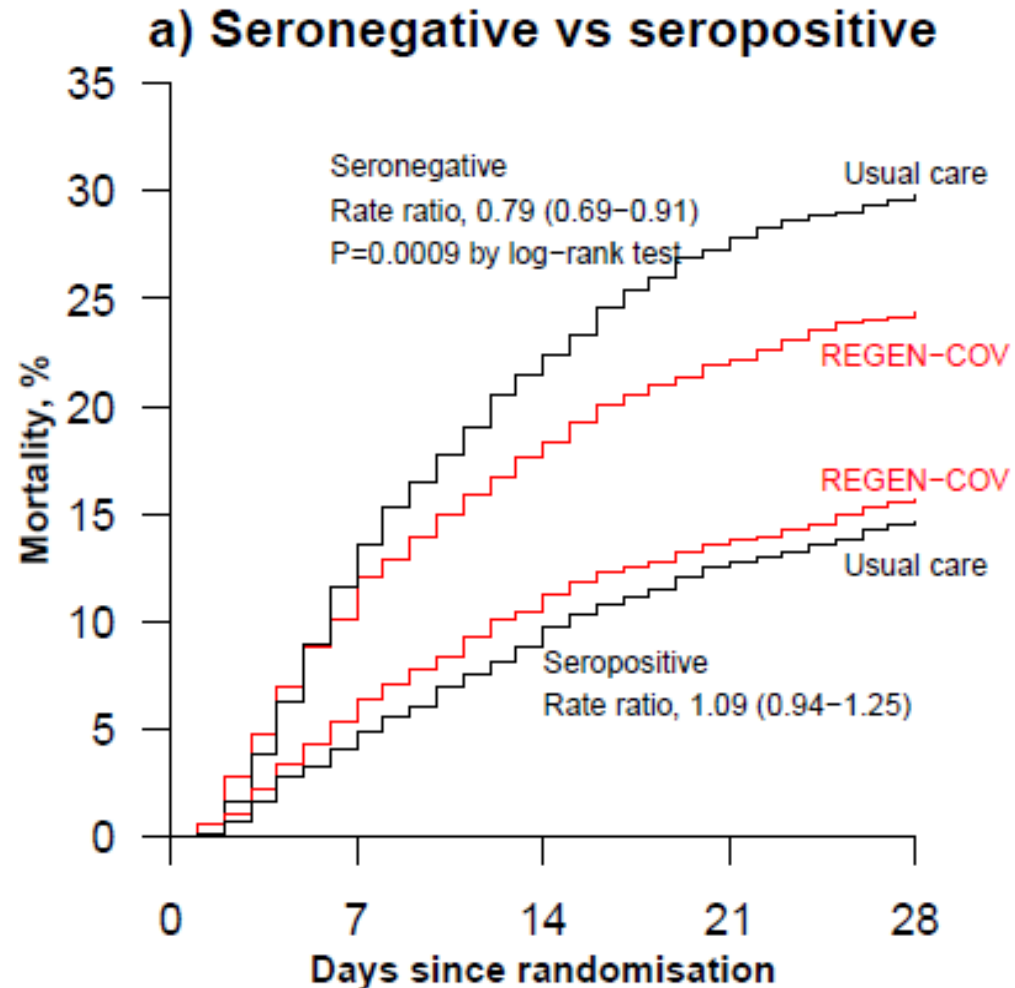
- Results published online earlier this year; currently under peer-review
- REGEN-COV = REGN-COV2 = Ronapreve = Casirivimab and imdevimab
- Analysis plan slightly different to previous analyses: focus on seronegative participants because of earlier trials with REGEN-COV showing effects different among seronegative and seropositive individuals

# REGEN-COV: baseline characteristics

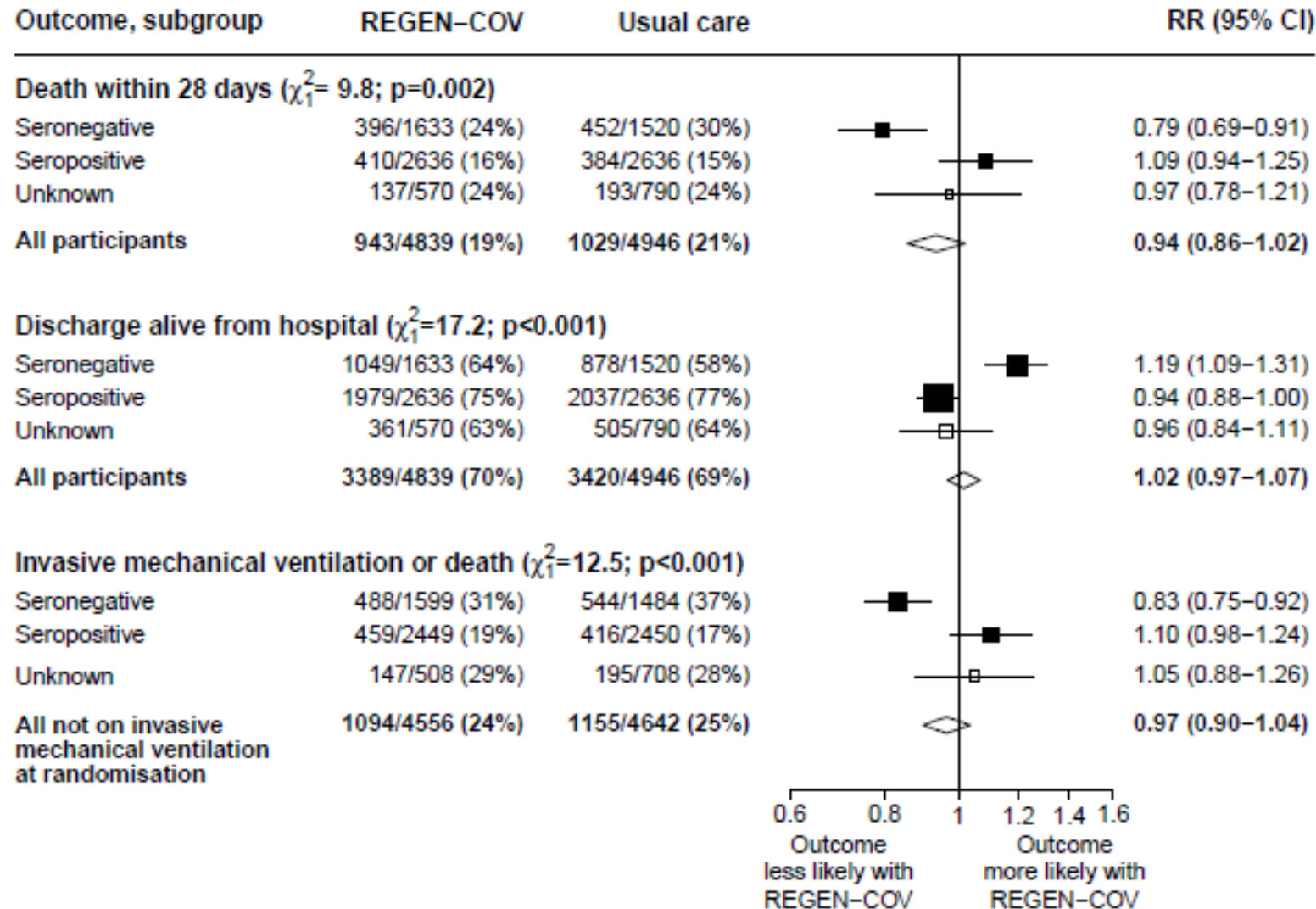


		Seronegative patients		All patients	
Mean (SD); n (%); median (IQR)		REGEN-COV (n=1633)	Usual care (n=1520)	REGEN-COV (n=4839)	Usual care (n=4946)
Age		63.2 (15.5)	64.0 (15.2)	61.9 (14.6)	61.9 (14.4)
Men		995 (61)	879 (58)	3033 (63)	3095 (63)
White		1325 (81)	1254 (83)	3779 (78)	3822 (77)
Days of symptoms		7 (4-10)	7 (5-9)	9 (6-12)	9 (6-12)
Respiratory support	No oxygen	182 (11)	148 (10)	332 (7)	309 (6)
	Simple oxygen	1085 (66)	995 (65)	2980 (62)	3016 (61)
	Non-invasive	332 (20)	341 (22)	1244 (26)	1317 (27)
	Invasive	34 (2)	36 (2)	283 (6)	304 (6)
Any comorbidity		935 (57)	913 (60)	2557 (53)	2662 (54)
Corticosteroids received		1481 (91)	1399 (92)	4530 (94)	4639 (94)

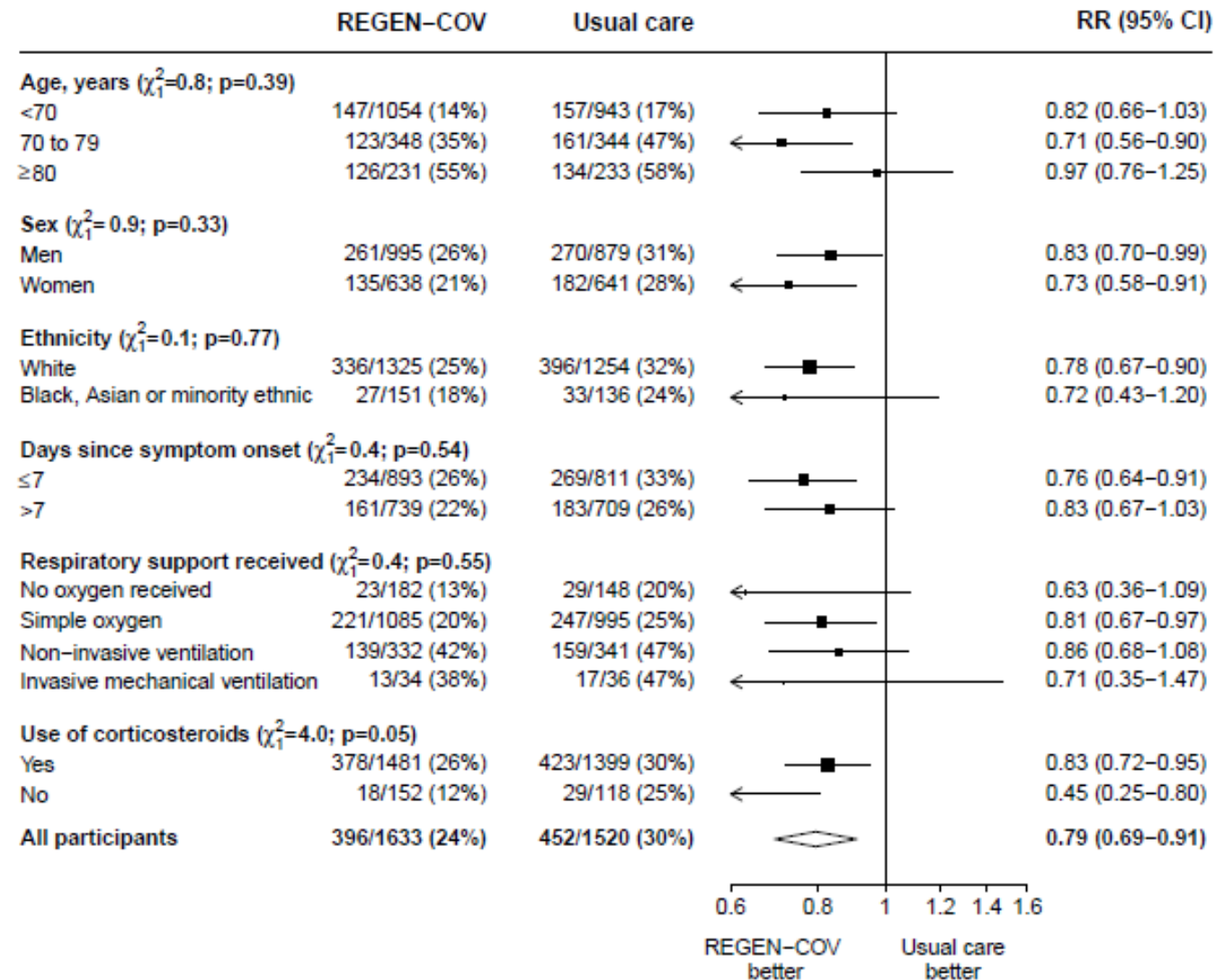
# Primary outcome, by serostatus



# Primary and secondary outcomes, by serostatus



# 28-day mortality in seronegative participants, by subgroups



- Generally very well-tolerated
- 7 (0.2%) serious adverse reactions reported (including 3 infusion reactions)

- REGEN-COV has been licensed by MHRA for treatment of outpatients
- NHS England are preparing guidance on use (off license initially) in hospitalised patients, based on RECOVERY results
- RECOVERY results will be submitted to international regulators to update the license to include hospitalised patients



**DIMETHYL FUMARATE**

# Dimethyl fumarate

- Recently added to protocol and has been piloted at some sites
- Includes extra data collection on:
  - $S/F_{94}$  (measurement of oxygenation function of lungs)
  - WHO scale
  - Lab results
  - Tolerability of DMF
- Sites can still express an interest in participating in this arm

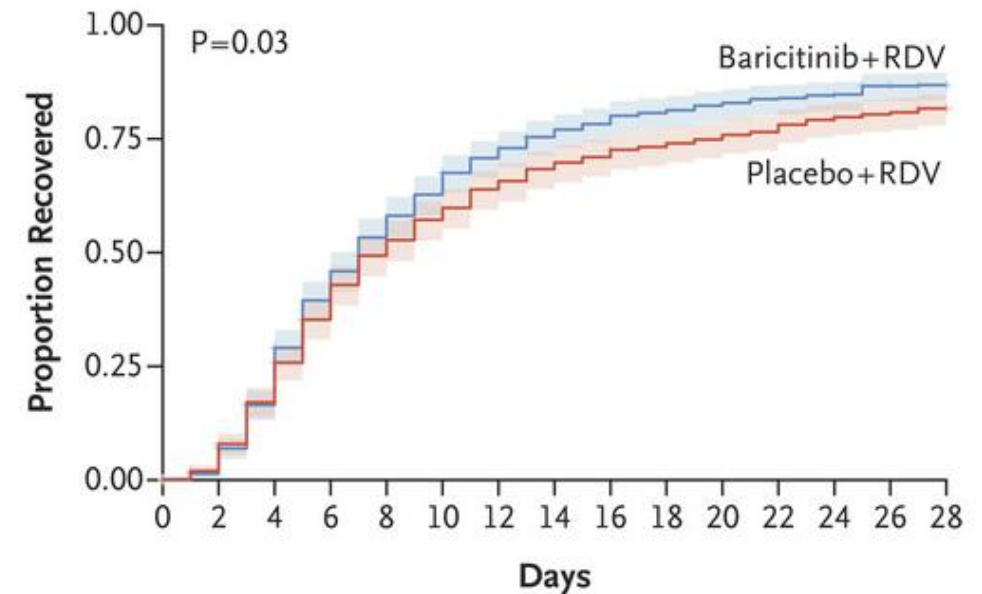
# Dimethyl fumarate

- Analysis of blinded data so far shows that duration of admission has shortened, so many participants do not have day 5 S/F<sub>94</sub> measurement recorded as they have left hospital
- Some sites have not recorded measurements for participants in control arm. **All participants in DMF comparison (both on DMF and in usual care group) must have S/F<sub>94</sub> measurements.**
- Protocol amendment will be made to change primary outcome to WHO score (which can account for discharge before day 5) and consequent increase in sample size to 700 participants (REC approval permitting)

**BARICITINIB**

# Baricitinib in COVID-19

- JAK/STAT system is key to immune activation so modulating it may be beneficial
- Data from ACTT-2 show quicker time to recovery

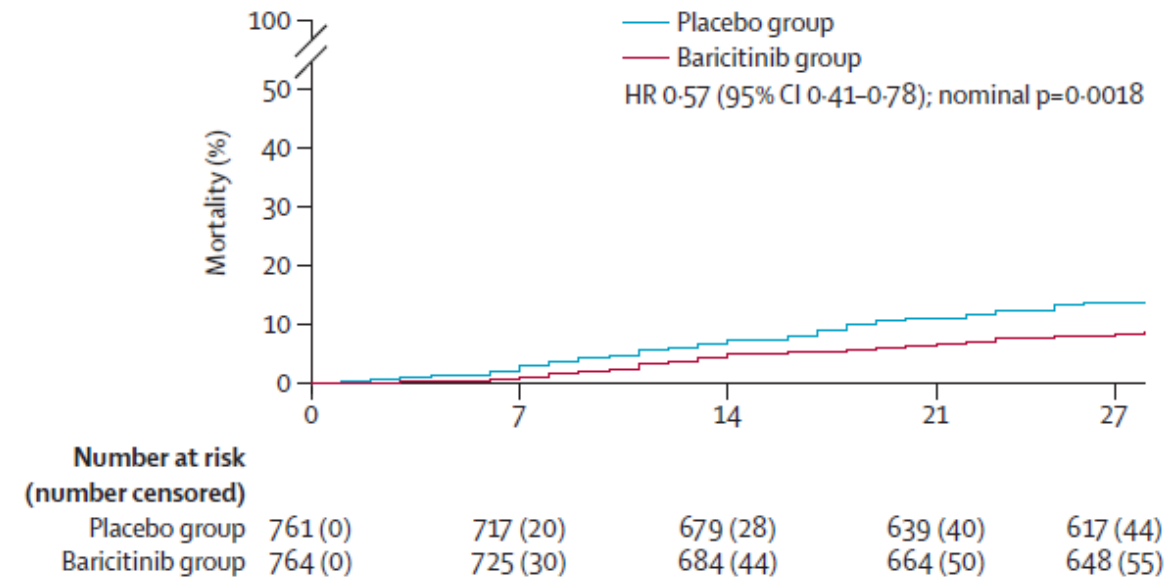


## No. at Risk

Baricitinib+RDV	515	497	418	302	233	186	145	121	107	95	87	80	76	63	30
Placebo+RDV	518	495	417	322	251	211	178	156	143	131	123	115	102	92	44

# Baricitinib in COVID-19

- JAK/STAT system is key to immune activation so modulating it may be beneficial
- Data from ACTT-2 show quicker time to recovery
- Data from COV-BARRIE show possible mortality benefit (and reassuring safety data)



# Baricitinib in RECOVERY



- >5500 participants recruited to date
- Overall 28 day mortality rate is ~13% (compared to 20-25% earlier in pandemic)
- This means about 7500 participants are needed to identify a 20% reduction (13% to 10.5%) reliably

**EMPAGLIFLOZIN**



# SGLT-2 inhibitors and Empagliflozin (empa)

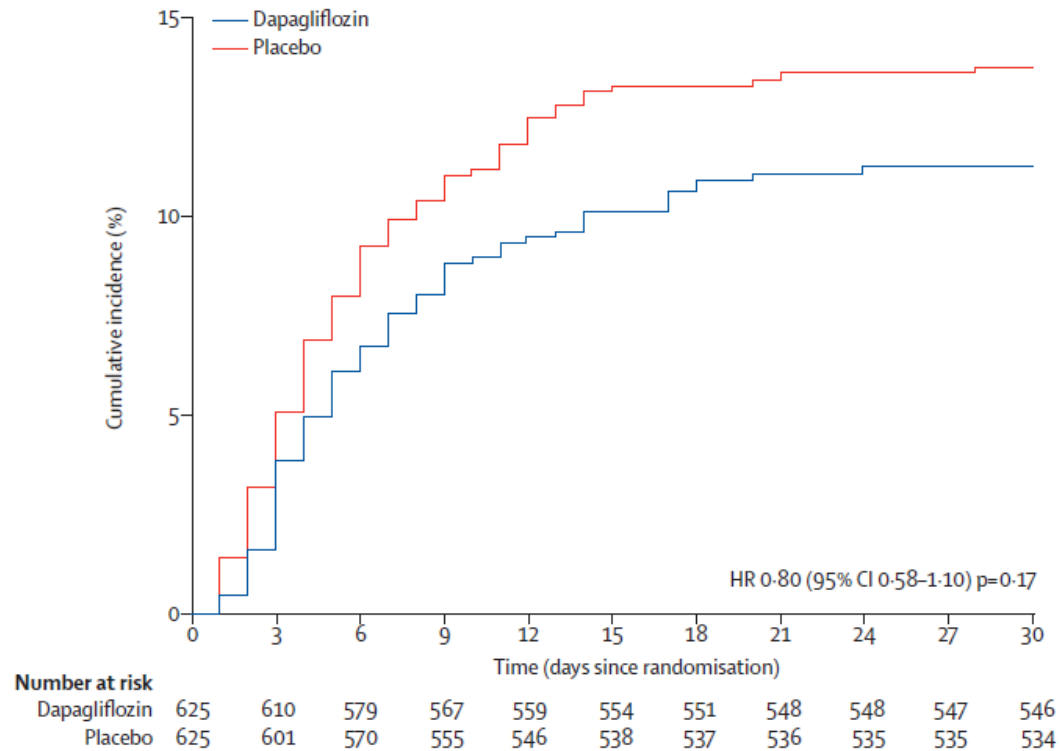
- Empagliflozin is an SGLT-2 inhibitor (SGLT-2i)
- SGLT-2 = sodium-glucose co-transporter 2 and is the main process by which glucose filtered into the urine is reabsorbed by the kidney
- SGLT-2i were developed as treatments for diabetes because they can lower blood sugar
- In addition to lowering blood sugar they have also been found to reduce the risk of:
  - Atherosclerotic cardiovascular events (eg, myocardial infarction) in people with type 2 diabetes
  - Cardiovascular death in people with heart failure
  - Progression of chronic kidney disease in people with diabetes and CKD

# SGLT-2i in COVID-19

- SGLT-2i may have beneficial effects in COVID-19
  - Shift in energy metabolism from glucose (which SARS-CoV-2 may rely on) to lipids
  - Improve endothelial function
  - Anti-inflammatory effects
- DARE-19 trial compared dapagliflozin with placebo among 1250 patients hospitalised for COVID-19 with another 'risk factor' (eg, diabetes, cardiovascular disease)

# SGLT-2i in COVID-19: DARE-19 results

## Primary outcome: organ failure or death



## Primary outcome: components

	Dapagliflozin n/N	Placebo n/N		HR (95% CI)
Primary composite outcome	70/625	86/625		0.80 (0.58-1.10)
New or worsening organ dysfunction	64/625	80/625		0.80 (0.57-1.11)
Respiratory decompensation	58/625	70/625		0.85 (0.60-1.20)
Cardiac decompensation	47/625	58/625		0.81 (0.55-1.19)
Kidney decompensation	24/625	35/625		0.65 (0.38-1.10)
Death from any cause	41/625	54/625		0.77 (0.52-1.16)

0.3 0.5 1.0 2.0

Dapagliflozin better Placebo better

# Empagliflozin in RECOVERY



- Available in all countries
- Separate factorial randomisation to others (so can be given in addition to other study treatment allocations)
- **Dose: 10 mg once daily for up to 28 days** (stopped at discharge if sooner)
- **Exclusions:**
  - Type 1 diabetes mellitus\* or post-pancreatectomy diabetes mellitus
  - History of ketoacidosis
  - Current blood ketones  $\geq 1.5$  mmol/L (or urine ketones  $\geq 2+$ )
  - Pregnancy or breast-feeding
  - (No exclusions around kidney or liver function)

\* If patient is only on insulin, consider carefully whether diabetes is type 1 and seek advice if necessary

# Adverse effects of SGLT-2i

- Mycotic genital infection (eg, vulvovaginal candidiasis or candidal balanitis)
  - Commonest adverse effect
  - Easily treated with topical antifungal eg, clotrimazole cream
- Hypoglycaemia
  - SGLT-2i do not cause hypoglycaemia unless given with insulin or insulin secretagogue (eg, sulphonylurea such as gliclazide)
- Volume depletion
  - SGLT-2i cause natriuresis and osmotic diuresis so care required with fluid balance

# Adverse effects of SGLT-2i

- Ketoacidosis
  - Defined as combination of both **ketosis** (blood ketones  $\geq 1.5$  mmol/L or urine ketones  $\geq 2+$ ) and **metabolic acidosis** (bicarbonate  $< 15$  mmol/L)
  - Only occurs in people with diabetes
  - NB can occur with relatively normal blood sugar if on SGLT-2i
- Participants with diabetes should have regular checks of ketones
  - Twice daily blood ketones (or once daily urine ketones if blood ketone testing not available) or if clinical concern\*
  - If ketosis (blood ketones  $\geq 1.5$  mmol/L or urine ketones  $\geq 2+$ ) develops:
    - Ensure adequate fluid and calorific intake
    - Refer to local diabetes team (if available) and follow local protocols for ketosis
    - Consider increasing insulin (if participant on it) and withholding empagliflozin while ketotic

\* Blood ketones are quantitative whereas urine ketones only semi-quantitative

# Additional outcomes to be collected

- Ketoacidosis: defined as combination of both **ketosis** (blood ketones  $\geq 1.5$  mmol/L or urine ketones  $\geq 2+$ ) and **metabolic acidosis** (bicarbonate  $< 15$  mmol/L)
- Severe hypoglycaemia i.e. hypoglycaemia causing a reduced conscious level requiring another person to recover
- Hyperglycaemia requiring new insulin or with hyperosmolar state
- Peak creatinine during admission

# TRIAL PROCEDURES



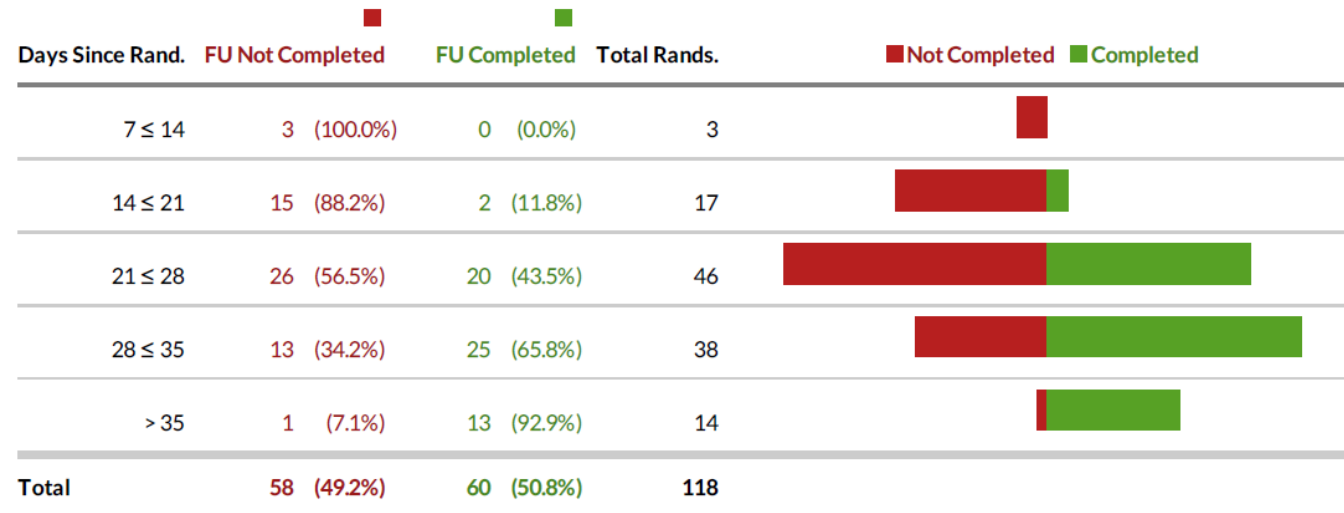
- RECOVERY allows consent to be given:
  - By patient (either in person or witnessed)
  - By legal representative (either relative or – if not available in person – independent doctor) if patient does not have capacity
- Some issues have been identified with consent by legal representative:
  - Current protocol requires consent to be sought from such patients if they regain capacity
  - Doctors acting as legal representative not always independent (as defined by regulations)

- We strongly recommend that sites identify a small group of doctors to act as legal representatives
  - Such individuals can complete trial training (so they understand trial) but should not be involved in trial in any other way
  - Number of such individuals can be determined depending on the site size and organisation
- Participants whose consent was given by legal representative should be informed of their participation (and consent taken) prior to discharge
- Please also include participation in RECOVERY in discharge summaries

# Completeness of follow-up

- Weekly reminders highlighting participants randomised >28 days ago without complete form

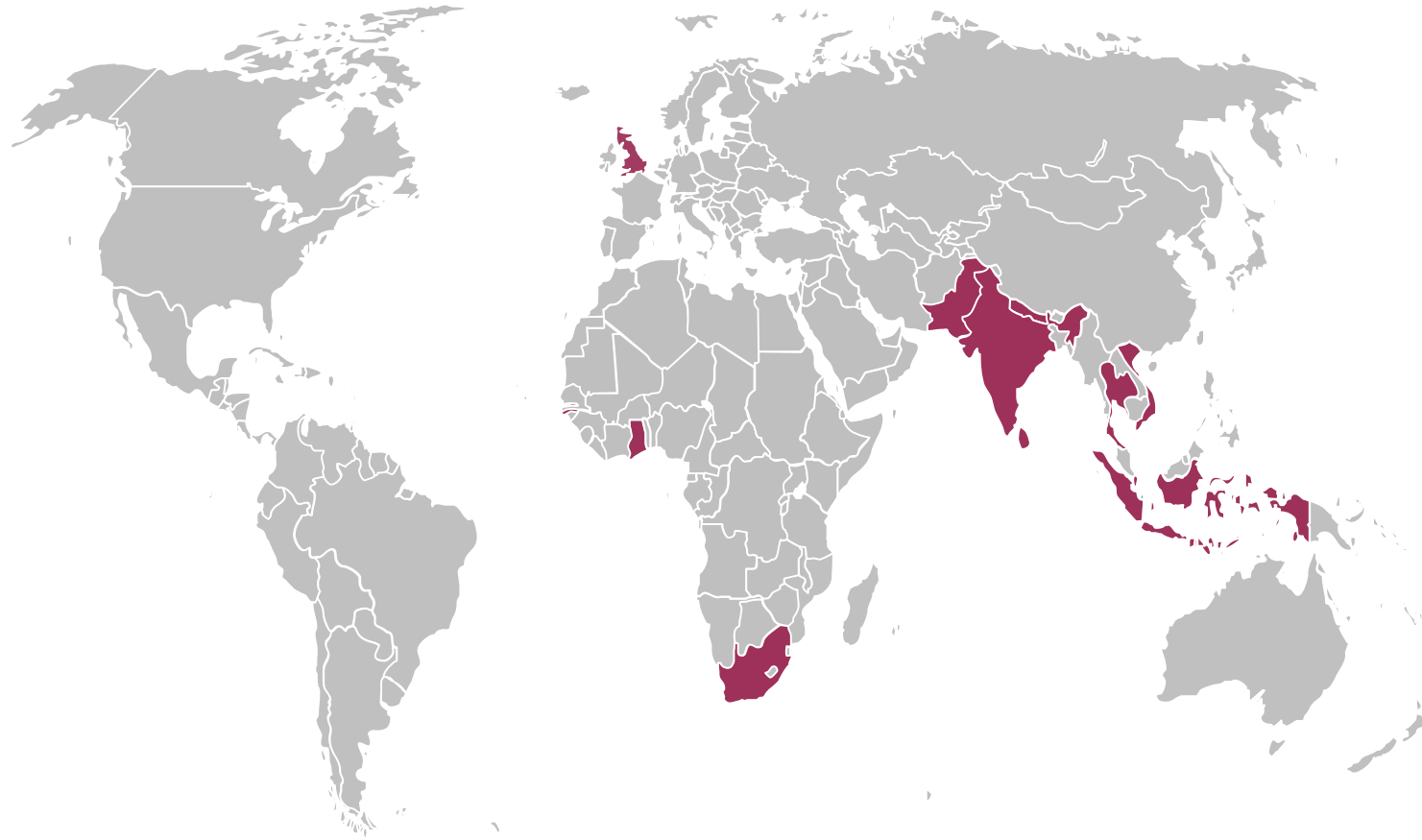
Follow-up form completion summary



- Please keep filling them in!

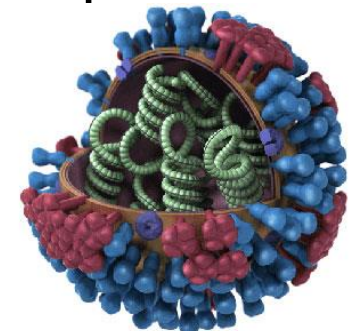
## FUTURE PLANS

# RECOVERY international

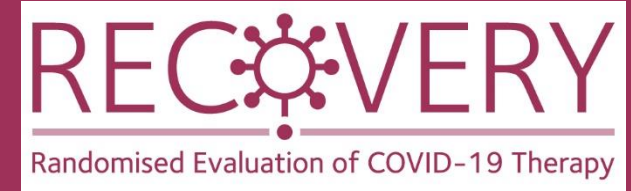


# Influenza

- Seasonal influenza often kills several thousand patients a year in the UK
- Social distancing meant that 2020/21 season was much attenuated, so community resistance levels are low
- 2021/22 season could therefore be more significant
- RECOVERY is ideally positioned to assess treatments for hospitalised patients
  - Antiviral therapies
  - Corticosteroids



# Carry on recruiting!



- RECOVERY remains the largest global trial in COVID-19 and is an exemplar of what trials can do (both in and after pandemic)
- Current therapies are exciting, but need reliable data before they should be used routinely
- THANK YOU for all your support to date and please don't forget RECOVERY!

# **Randomised Evaluation of COVID-19 Therapy: the RECOVERY trial**

**Collaborators' Meeting for Pregnancy**

**13 September 2021**





# RECOVERY for pregnant women



1. Update on covid-19 and pregnancy
2. Update on adaptations
3. Update on UKOSS
4. Future plans
5. Q&A

# Covid-19 and pregnancy

## RESEARCH

 OPEN ACCESS  
 Check for updates  
**Characteristics and outcomes of pregnant women admitted to hospital with confirmed SARS-CoV-2 infection in UK: national population based cohort study**

Marian Knight,<sup>1</sup> Kathryn Bunch,<sup>1</sup> Nicola Vousden,<sup>2</sup> Edward Morris,<sup>3</sup> Nigel Simpson,<sup>4</sup> Chris Gale,<sup>5</sup> Patrick O'Brien,<sup>6</sup> Maria Quigley,<sup>1</sup> Peter Brocklehurst,<sup>7</sup> Jennifer J Kurir,<sup>1</sup> On behalf of the UK

BMJ: first published as 10.1136/bmj.m333

**PLOS ONE**

PUBLISH ABOUT BROWSE

 OPEN ACCESS  PEER-REVIEWED  
RESEARCH ARTICLE

**The incidence, characteristics and outcomes of pregnant women hospitalized with symptomatic and asymptomatic SARS-CoV-2 infection in the UK from March to September 2020: A national cohort study using the UK Obstetric Surveillance System (UKOSS)**

Marian Knight, Kathryn Bunch, Edward Morris, Nigel Simpson, Christopher Gale, Patrick O'Brien, Maria Quigley, Peter Brocklehurst, Jennifer J Kurir

**medRxiv**



**BMJ** Yale

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**Impact of SARS-CoV-2 variant on the severity of maternal infection and perinatal outcomes: Data from the UK Obstetric Surveillance System national cohort**

 Comments (3)

 Nicola Vousden,  Rema Ramakrishnan,  Kathryn Bunch, Edward Morris,  Nigel Simpson,  Christopher Gale,  Patrick O'Brien,  Maria Quigley,  Peter Brocklehurst,  Jennifer J Kurir,  Marian Knight

doi: <https://doi.org/10.1101/2021.07.22.21261000>

 Check for updates

<sup>1</sup> National Perinatal Epidemiology Unit, Nuffield Department of Population Health, University of Oxford, Oxford, UK

<sup>2</sup> Institute of Applied Health Research, University of Birmingham, Birmingham, UK

<sup>3</sup> UK Obstetric Surveillance System

**Include pregnant women in research—particularly covid-19 research**

Adapting interventions and changing attitudes will drive scientific progress

Marian Knight,<sup>1</sup> R Katie Morris,<sup>2</sup> Jenny Furniss,<sup>3</sup> Lucy C Chappell<sup>1</sup>

The UK Confidential Enquiries into Maternal Deaths have repeatedly highlighted inequities in the medical treatment of pregnant and postpartum women, noting or breastfeeding allows safety concerns to be allayed for women, their families, and healthcare professionals.

Morbidity and Mortality Weekly Report

## Update: Characteristics of Symptomatic Women of Reproductive Age with Laboratory-Confirmed SARS-CoV-2 Infection by Pregnancy Status — United States, January 22–October 3, 2020

Laura D. Zambrano, PhD<sup>1,\*</sup>; Sascha Ellington, PhD<sup>1,\*</sup>; Penelope Strid, MPH<sup>1</sup>; Romeo R. Galang, MD<sup>1</sup>; Titilope Oduyebo, MD<sup>1</sup>; Van T. Tong, MPH<sup>1</sup>; Kate R. Woodworth, MD<sup>1</sup>; John F. Nahabedian III, MS<sup>1</sup>; Eduardo Azziz-Baumgartner, MD<sup>1</sup>; Suzanne M. Gilboa, PhD<sup>1</sup>; Dana Meaney-Delman, MD<sup>1</sup>; CDC COVID-19 Response Pregnancy and Infant Linked Outcomes Team

Maternal, Newborn and Infant Clinical Outcome Review Programme



**Saving Lives, Improving Mothers' Care**

Rapid report: Learning from SARS-CoV-2-related and associated maternal deaths in the UK

Maternal, Newborn and Infant Clinical Outcome Review Programme




**Saving Lives, Improving Mothers' Care**

Rapid report 2021: Learning from SARS-CoV-2-related and associated maternal deaths in the UK

June 2020–March 2021

RESEARCH

 OPEN ACCESS

 Check for updates

**FAST TRACK**

EDITORIALS

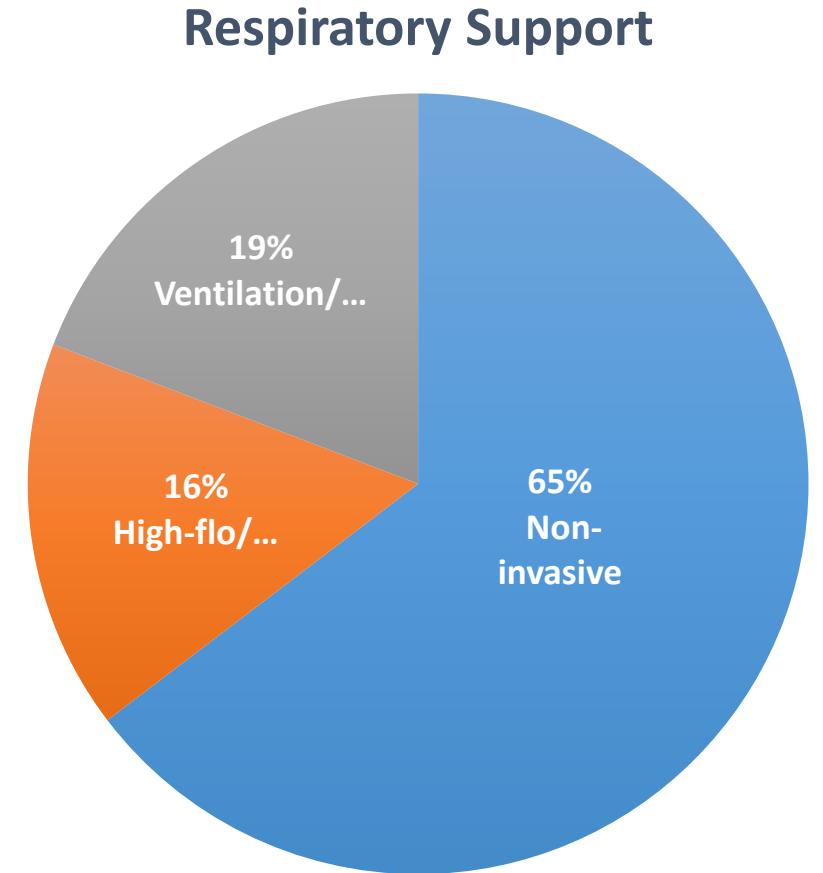
**Clinical manifestations, risk factors, and maternal and perinatal outcomes of coronavirus disease 2019 in pregnancy: living systematic review and meta-analysis**

John Allotey,<sup>1,2</sup> Elena Stallings,<sup>3,4</sup> Mercedes Bonet,<sup>5</sup> Magnus Yap,<sup>6</sup> Shaunak Chatterjee,<sup>6</sup> Tania Kew,<sup>6</sup> Luke Debenham,<sup>6</sup> Anna Clavé Llavall,<sup>6</sup> Anushka Dixit,<sup>6</sup> Dengyi Zhou,<sup>6</sup> Rishab Balaji,<sup>6</sup> Siang Ing Lee,<sup>1</sup> Xiu Qiu,<sup>7,8,9</sup> Mingyang Yuan,<sup>1,7</sup> Dyuti Coommar,<sup>1</sup> Madelon van Wely,<sup>10</sup> Elizabeth van Leeuwen,<sup>11</sup> Elena Kostova,<sup>10</sup> Heinke Kunst,<sup>12,13</sup> Asma Khalil,<sup>14</sup> Simon Tiberi,<sup>12,13</sup> Vanessa Brizuela,<sup>5</sup> Nathalie Broutet,<sup>5</sup> Edna Kara,<sup>3</sup> Caron Rahn Kim,<sup>5</sup> Anna Thorson,<sup>5</sup> Olufemi T Oladapo,<sup>5</sup> Lynne Mofenson,<sup>15</sup> Javier Zamora,<sup>3,4,16</sup> Shakila Thangaratnam,<sup>2,17</sup> for PregCOV-19 Living Systematic Review Consortium

BMJ: first published as 10.1136/bmj.m333

# What are the risks to pregnant women?

- Of 3371 women admitted with symptoms:
  - Nearly 1 in 2 have caesarean birth (n=1440)
  - 1 in 4 have pneumonia on imaging (n=812)
  - 1 in 5 need respiratory support (n=701):
    - 1 in 10 need intensive care (n=336)
    - 15 maternal deaths



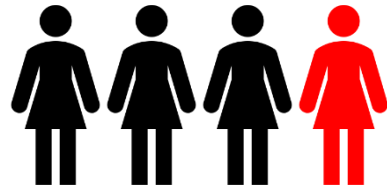
# What are the risks to the baby?

- Of 2973 women who have given birth:
- 1 in 100 have a stillbirth (n=33)
- 1 in 3 have a preterm birth <37 weeks' (n=985)
- With 5% at <32 weeks' (n=140)
- 1 in 5 babies admitted to neonatal unit (n=615)

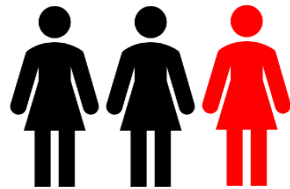
# What do we know about Delta variant?

The proportion of women with moderate to severe COVID-19 has increased

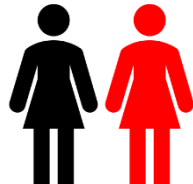
- First wave:



- Alpha variant:



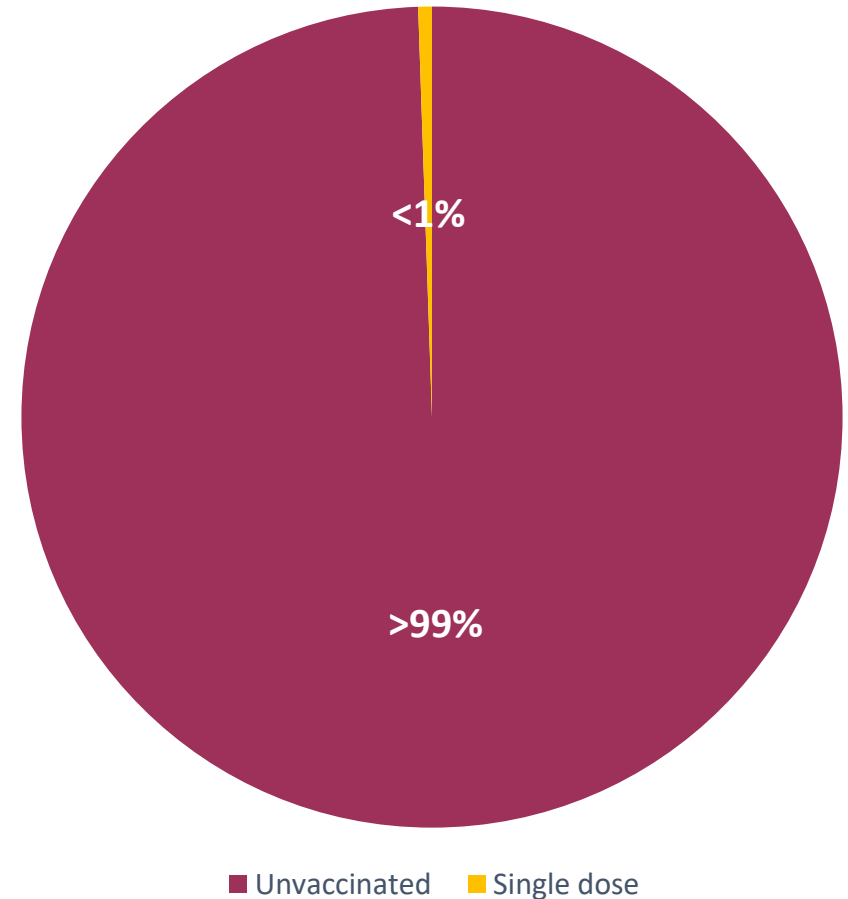
- Delta variant:



# Vaccination status

In 742 women admitted with symptomatic COVID-19 since 01/02/21:

- >99% (n=738) were unvaccinated
- <1% (n=4) had a single dose
- 0% had both doses



# Pregnant women – moderate risk group

## People at moderate risk (clinically vulnerable)

People at moderate risk from coronavirus include people who:

- are 70 or older
- have a lung condition that's not severe (such as asthma, COPD, emphysema or bronchitis)
- have heart disease (such as heart failure)
- have diabetes
- have chronic kidney disease
- have liver disease (such as hepatitis)
- have a condition affecting the brain or nerves (such as Parkinson's disease, motor neurone disease, multiple sclerosis or cerebral palsy)
- have a condition that means they have a high risk of getting infections
- are taking medicine that can affect the immune system (such as low doses of steroids)
- are very obese (a BMI of 40 or above)
- are **pregnant** – see [advice about pregnancy and coronavirus](#)

Unlike people at high risk, you will not get a letter from the NHS.



# Covid-19 and pregnancy: headlines



- Covid-19 affects pregnant women
- Additional risk factors previously identified (ethnic minority groups, increasing gestation, higher maternal age, high BMI, pre-existing comorbidities)
- Impact on preterm birth continues to be major impact
- Ongoing evaluation of increased maternal risk (ICU admission and maternal morbidity) and increased perinatal risk (placentitis and stillbirth)
- RECOVERY trial is one of few trials to include pregnant women, and has changed clinical practice, including for pregnant women



# Covid-19 and pregnancy: RCOG



Royal College of  
Obstetricians &  
Gynaecologists

## Coronavirus (COVID-19) Infection in Pregnancy

Information for healthcare professionals

Version 14: Published Wednesday 25 August

### Quick reference summary of acute COVID-19 management in pregnancy

Quick reference only, see section 6 for further detail.

- Assess – admit, or discharge with clear advice about symptom deterioration and specific contact details.
- Oxygen to maintain saturations above 94%, escalating with e.g. nasal prongs, masks, CPAP, IPPV, ECMO
- No antibiotics unless additional bacterial infection suspected.
- LMWH for VTE prophylaxis
- Steroids if oxygen is needed (e.g. oral prednisolone 40 mg once daily or IV hydrocortisone 80 mg twice daily, with intramuscular dexamethasone 6 mg twice daily for four doses followed by oral prednisolone as below if fetal lung maturity is also required).
- MDT review – is escalation required? Does birth need expediting?
- Strongly consider tocilizumab (400 mg/600 mg/800 mg single IV infusion depending on weight) if C-reactive protein at or above 75 mg/l or in ICU.
- Strongly consider REGEN-COV monoclonal antibodies (8 g single IV infusion) in those with no SARS-CoV-2 antibodies.

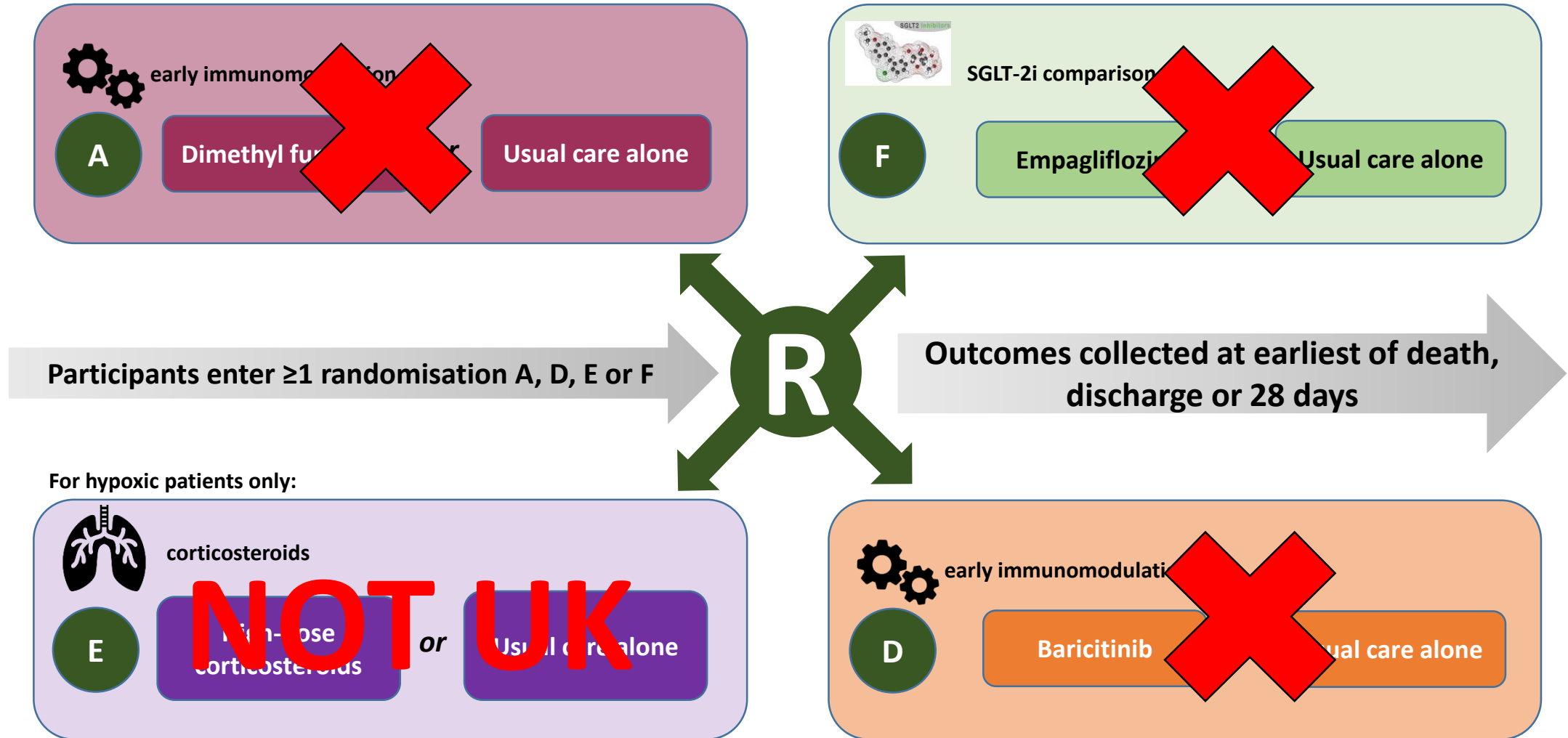
Remdesivir should only be considered for those who are not improving or who are deteriorating.

Azithromycin, hydroxychloroquine and lopinavir/ritonavir have been shown to be ineffective and should not be offered.

# Planned design (adults)

ELIGIBLE PATIENTS

OUTCOMES



# RECOVERY for pregnant women



## Site teams

This page contains additional information for RECOVERY site team members. Follow these links for guidance on [randomisation](#) and [how to collect follow-up data](#).

[RECOVERY Privacy Notice for Trial Staff](#)

### INTERVENTION INFORMATION

[RECOVERY intervention sheet - empagliflozin](#)

[RECOVERY intervention sheet - baricitinib](#)

[RECOVERY intervention sheet - tocilizumab](#)

[RECOVERY intervention sheet - dimethyl fumarate](#)

[RECOVERY position statement on baricitinib and tocilizumab](#)

[Measurement of additional early phase assessment outcomes SOP v1.3](#)

### GUIDES FOR SPECIFIC PATIENT GROUPS

[RECOVERY for paediatric patients](#)

[RECOVERY for patients with chronic kidney disease](#)

[RECOVERY for pregnant and breastfeeding women](#)

[RECOVERY and remdesivir](#)

### COLLABORATORS' MEETINGS SLIDES

We apologise if you were unable to join the meetings.

[26 April 2021](#)

[27 April 2021](#)

[22 February 2021](#)

[23 February 2021](#)

[25 January 2021](#)

[26 January 2021](#)

[4 January 2021](#)

[5 January 2021](#)

[7 December 2020](#)

[8 December 2020](#)

[16 November 2020](#)

[17 November 2020](#)

# Pregnancy information document

## RANDOMISED EVALUATION OF COVID-19 THERAPY ([RECOVERY](#))

for pregnant and breastfeeding women

Pregnancy lead: Prof Marian Knight

With support of UK Teratology Information Service (Dr Ken Hodson, Medical Director)

	RECOVERY trial protocol	Adaption for pregnancy
<b>Eligibility</b>	Patients are eligible if all of the following are true: <ul style="list-style-type: none"> <li>i. Hospitalised</li> <li>ii. SARS-CoV-2 infection (clinically suspected or lab confirmed)</li> <li>iii. No medical history that might, in the opinion of the attending clinician, put the patient at significant risk if they were to participate in the trial</li> </ul>	Same eligibility
<b>Interventions</b>	<b>First randomisation part A</b> <ul style="list-style-type: none"> <li>• Dimethyl fumarate (in some sites)</li> </ul> <b>First randomisation part D</b> <ul style="list-style-type: none"> <li>• Baricitinib</li> </ul> <b>First randomisation part F</b> <ul style="list-style-type: none"> <li>• Empagliflozin</li> </ul>	Interventions for pregnant women <ul style="list-style-type: none"> <li>• No interventions currently available</li> </ul> <p><i>Not recommended in pregnancy</i></p> <ul style="list-style-type: none"> <li>• <i>Dimethyl fumarate</i></li> <li>• <i>Baricitinib</i></li> <li>• <i>Empagliflozin</i></li> </ul>
<b>Follow-up/ outcomes</b>	Ascertained at the time of death or discharge or at 28 days after randomisation (whichever is sooner): <ul style="list-style-type: none"> <li>➤ Vital status (alive/ dead, with date and presumed cause of death, if appropriate)</li> <li>➤ Hospitalisation status (inpatient/ discharged, with date of discharge, if appropriate)</li> <li>➤ Use of ventilation (none/ previous/ ongoing, with days of use and type, if appropriate)</li> <li>➤ Use of renal dialysis or haemofiltration (none/ previous/ ongoing)</li> </ul>	Same follow-up and outcomes, with addition of UKOSS COVID-19 case number (for pregnancy and baby information) to allow later data linkage
		<b>Adaptions for breastfeeding</b>
		The same interventions as in pregnancy should be used. UKOSS COVID-19 case number added if available.

# Follow-up = the same, + linkage



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## COVID-19 in Pregnancy



### Key points

- Covid-19 is an infectious disease caused by a new strain of coronavirus.
- Covid-19 had not been detected in humans before the outbreak in December 2019.
- As the virus is new, little is known about its effect on certain groups of people, including pregnant women.

### Surveillance period

1st March 2020 – 31st March 2021

### Background

#### On this page

- [Key points](#)
- [Surveillance period](#)
- [Background](#)
- [Objective](#)
- [Research questions](#)
- [Case definition](#)
- [Funding](#)
- [Ethics committee approval](#)
- [Study registration](#)
- [Lead investigator](#)
- [Download the Data Collection Form \(DCF\)](#)
- [References](#)

# Update on progress



- 160 pregnancy leads identified, supported by research midwives
- Midwife champions on board
- **132** pregnant or postpartum women recruited\*
- \*12 with pregnancy/postpartum status to be confirmed

# Thank you



Ashford and St Peter's Hospitals NHS Foundation Trust	Leeds Teaching Hospitals NHS Trust	Oxford University Hospitals NHS Foundation Trust
Barts Health NHS Trust	Liverpool University Hospitals NHS Foundation Trust	Pennine Acute Hospitals NHS Trust
Bolton NHS Foundation Trust	Liverpool Women's NHS Foundation Trust	Royal Berkshire NHS Foundation Trust
Bradford Teaching Hospitals NHS Foundation Trust	Luton and Dunstable University Hospital NHS Foundation Trust	Royal Free London NHS Foundation Trust
Cambridge University Hospitals NHS Foundation Trust	Manchester University NHS Foundation Trust	Sheffield Teaching Hospitals NHS Foundation Trust
Chelsea and Westminster Hospital NHS Foundation Trust	Medway NHS Foundation Trust	Sherwood Forest Hospitals NHS Foundation Trust
Chesterfield Royal Hospital NHS Foundation Trust	Milton Keynes University Hospital NHS Foundation Trust	Shrewsbury and Telford Hospital NHS Trust
Croydon Health Services NHS Trust	NHS Greater Glasgow and Clyde: Glasgow Royal Infirmary	St George's University Hospitals NHS Foundation Trust
Epsom and St Helier University Hospitals NHS Trust	NHS Greater Glasgow and Clyde: Queen Elizabeth University Hospital	The Newcastle Upon Tyne Hospitals NHS Foundation Trust
Frimley Health NHS Foundation Trust	NHS Lothian: Royal Infirmary of Edinburgh	United Lincolnshire Hospitals NHS Trust
Guy's and St Thomas' NHS Foundation Trust	North Cumbria Integrated Care NHS Foundation Trust	University College London Hospitals NHS Foundation Trust
Imperial College Healthcare NHS Trust	North Tees and Hartlepool NHS Foundation Trust	University Hospitals Of Leicester NHS Trust
James Paget University Hospitals NHS Foundation Trust	North West Anglia NHS Foundation Trust	Western Sussex Hospitals NHS Foundation Trust
Kettering General Hospital NHS Foundation Trust	Northampton General Hospital NHS Trust	Worcestershire Acute Hospitals NHS Trust
King's College Hospital NHS Foundation Trust	Northumbria Healthcare NHS Foundation Trust	Wye Valley NHS Trust
Kingston Hospital NHS Foundation Trust	Nottingham University Hospitals NHS Trust	

# Update from UKOSS this week



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Medical Sciences Division



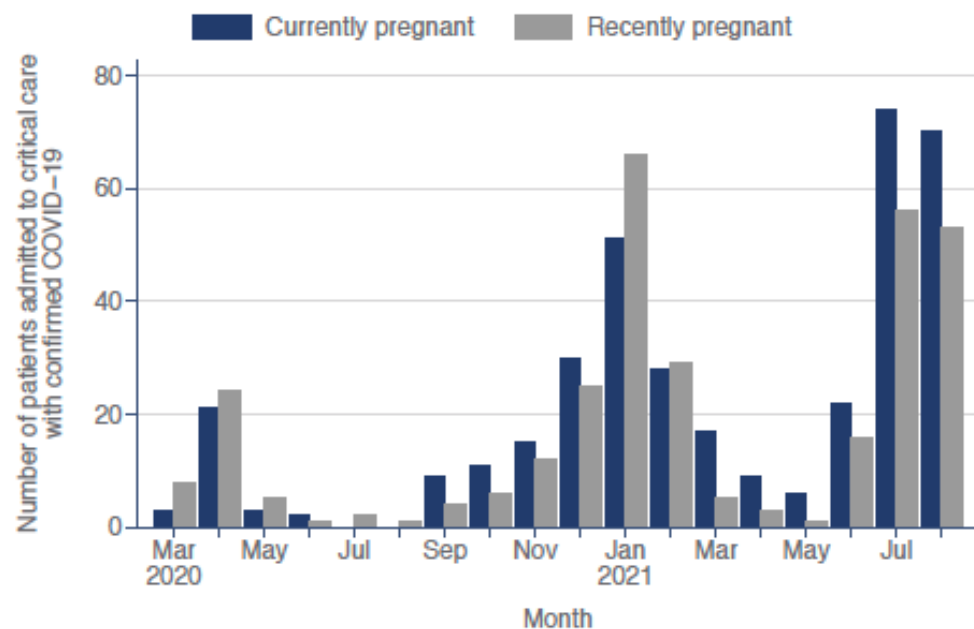
## Notifications by week





# ICNARC data (critical care)

## ICNARC report on COVID-19 in critical care: England, Wales and Northern Ireland 10 September 2021

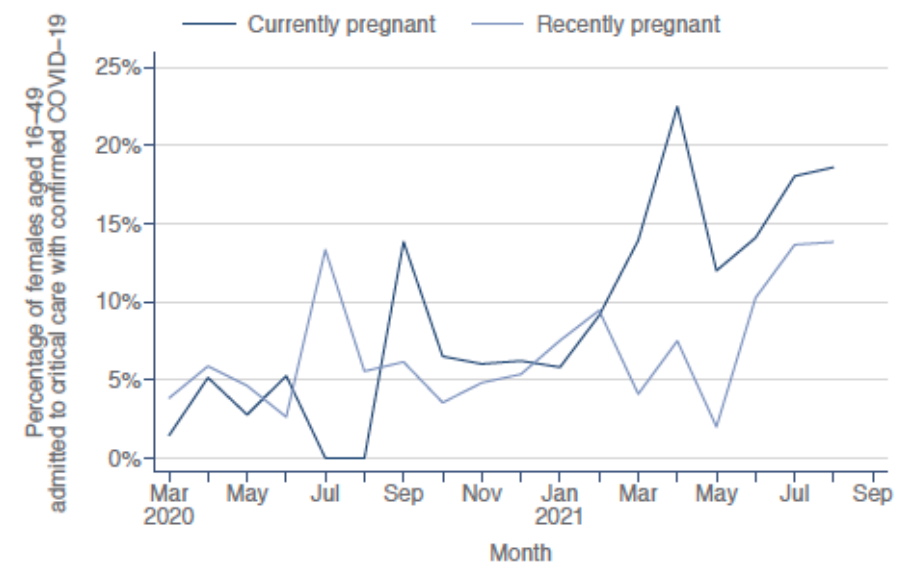


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**Figure 28. Numbers currently and recently pregnant**

Monthly trend in the number of women reported to be currently or recently pregnant on admission to critical care.

Medical history	Patients with confirmed COVID-19	
	Admitted 1 May 2021 to date (N=5263)	Admitted 1 Sep 2020-30 Apr 2021 (N=25,848)
Currently or recently pregnant, n (% of females aged 16-49) [N=1008]		
Currently pregnant	181 (18.0)	169 (7.4)
Recently pregnant (within 6 weeks)	134 (13.3)	150 (6.6)
Not known to be pregnant	693 (68.8)	1970 (86.1)



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**Figure 29. Percentages currently and recently pregnant**

Monthly trend in the percentage of women aged 16-49 years reported to be currently or recently pregnant on admission to critical care.

# Feedback from sites

- Low numbers of symptomatic women
- But admissions of symptomatic women continue
- Sites liaising with their main RECOVERY research teams
- Maternity healthcare professionals providing input into care of pregnant women on general wards

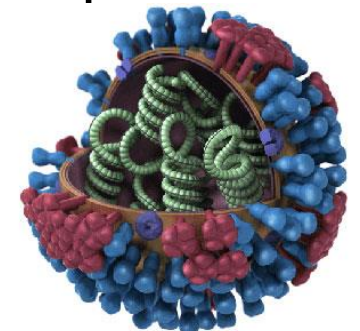
## PLEASE:

- Please add UKOSS number to ALL RECOVERY women recruited
- Embed into usual practice
- Offer trial if and when an arm is available for pregnant women

## FUTURE PLANS

# Influenza

- Seasonal influenza often kills several thousand patients a year in the UK
- Social distancing meant that 2020/21 season was much attenuated, so community resistance levels are low
- 2021/22 season could therefore be more significant
- RECOVERY is ideally positioned to assess treatments for hospitalised patients
  - Antiviral therapies
  - Corticosteroids



# Influenza in pregnancy

Vaccine 35 (2017) 5738–5750



ELSEVIER

Contents lists available at ScienceDirect

Vaccine

journal homepage: [www.elsevier.com/locate/vaccine](http://www.elsevier.com/locate/vaccine)



## WHO Report

### Influenza epidemiology and immunization during pregnancy: Final report of a World Health Organization working group

Deshayne B. Fell <sup>a,1</sup>, Eduardo Azziz-Baumgartner <sup>b,2</sup>, Michael G. Baker <sup>c,3</sup>, Maneesh Batra <sup>d,4</sup>, Julien Beauté <sup>e,5</sup>, Philippe Beutels <sup>f,6</sup>, Niranjana Bhat <sup>g,7</sup>, Zulfiqar A. Bhutta <sup>h,i,8,9</sup>, Cheryl Cohen <sup>j,10</sup>, Bremen De Mucio <sup>l,12</sup>, Bradford D. Gessner <sup>m,13</sup>, Michael G. Gravett <sup>n,14</sup>, Mark A. Katz <sup>o,p,15</sup>, Marian Knight <sup>q,17</sup>, Vernon J. Lee <sup>r,18</sup>, Mark Loeb <sup>s,19</sup>, Johannes M. Luteijn <sup>t,20</sup>, Helen Marshall <sup>u,21</sup>, Harish Nair <sup>v,22</sup>, Kevin Pottie <sup>w,23</sup>, Rehana A. Salam <sup>x,y,24,25</sup>, David A. Savitz <sup>z,26</sup>, Suzanne J. Scott <sup>aa,28</sup>, Becky Skidmore <sup>aa,28</sup>, Justin R. Ortiz <sup>ab,\*</sup>, on behalf of the WHO taskforce to evaluate influenza vaccine impact and economic modelling

## PLOS ONE

### RESEARCH ARTICLE

## Incidence, risk factors and impact of seasonal influenza in pregnancy: A national cohort study

Nicola Vousden <sup>1,2</sup>, Kathryn Bunch <sup>2</sup>, Marian Knight <sup>2\*</sup>, the UKOSS Influenza Co-Investigators Group <sup>1</sup>

<sup>1</sup> School of Population Health & Environmental Sciences, Faculty of Life Sciences & Medicine, King's College London, London, United Kingdom, <sup>2</sup> Policy Research Unit in Maternal Health and Care, National Perinatal Epidemiology Unit, University of Oxford, Oxford, United Kingdom

<sup>†</sup> Membership of the UKOSS Influenza Co-Investigators Group is provided in the Acknowledgments.

\* [marian.knight@npeu.ox.ac.uk](mailto:marian.knight@npeu.ox.ac.uk)



# Influenza in pregnancy

- (WHO) Pregnant women with influenza have a higher risk of community-acquired pneumonia than non-pregnant patients with influenza (pooled OR 1.8, 95% CI 0.72–4.49)
- (WHO) Pregnant women have a higher risk of hospitalisation with lab confirmed influenza than non-pregnant patients (pooled OR 2.44; 95% CI 1.22–4.87)
- (UKOSS) Compared to pregnant women without influenza, pregnant women with influenza are:
  - More likely to be admitted to intensive care (aOR 21.3, 2.78-163.1)
  - More likely to have a caesarean birth (aOR 1.42, 1.02-1.98)
  - Their babies are more likely to be admitted to neonatal intensive care (aOR 1.86, 1.01-3.42)

# Q&A