

Randomised Evaluation of COVID-19 Therapy: the RECOVERY trial

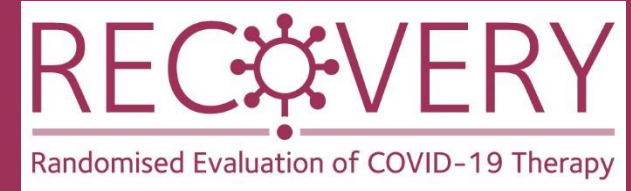
Collaborators' Meeting

1st November 2021

Agenda

1. Introductions
2. Update on progress
3. REGEN-COV
4. Dimethyl fumarate
5. Baricitinib
6. Empagliflozin
7. Trial procedures including changes to consent process
8. Future plans
9. Pregnancy update
10. Q&A

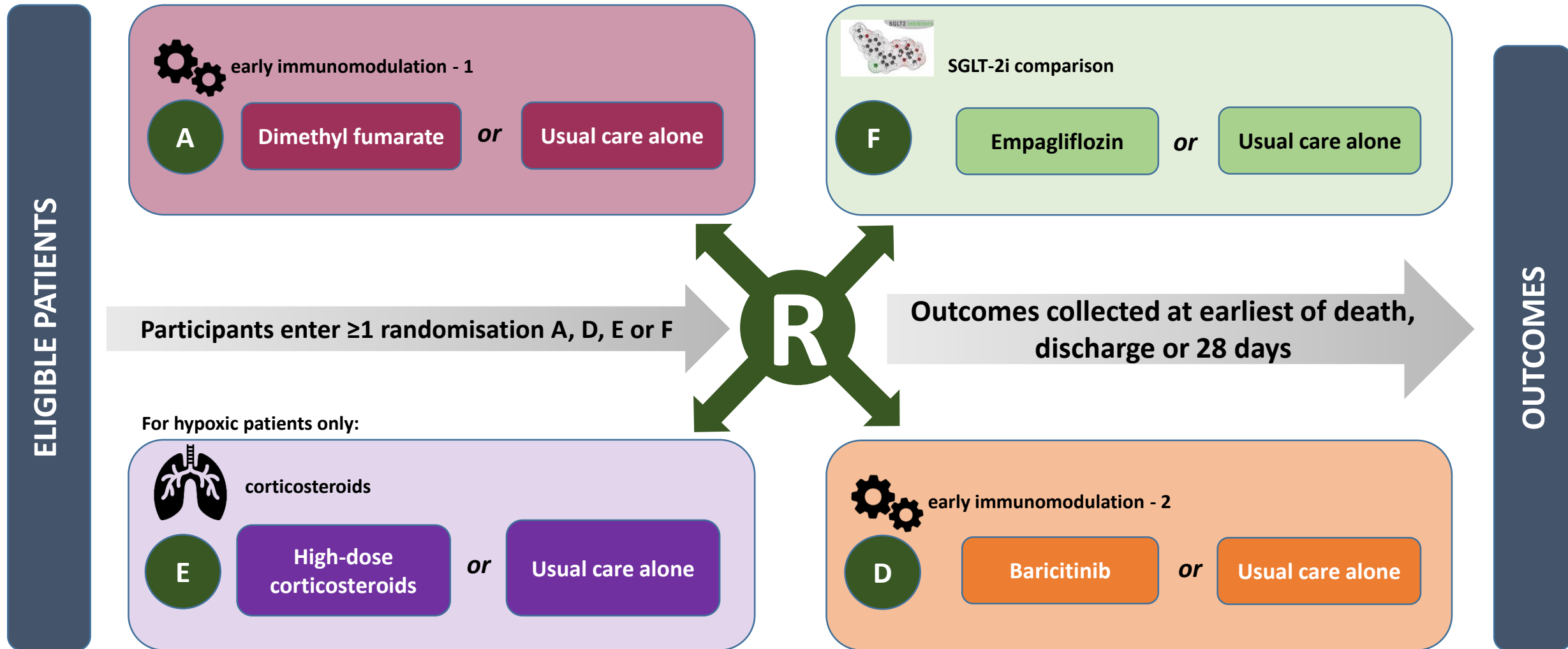
Introductions



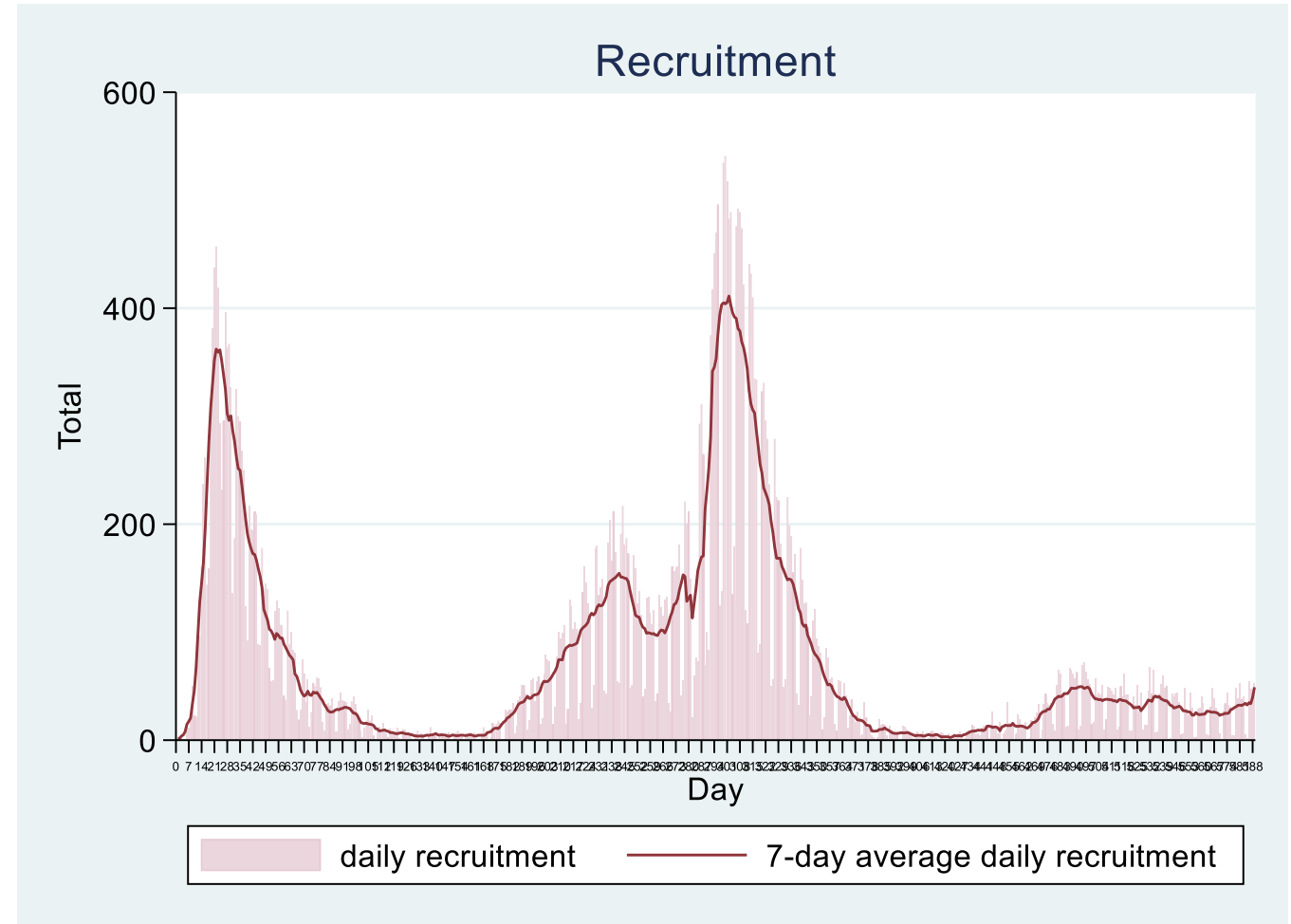
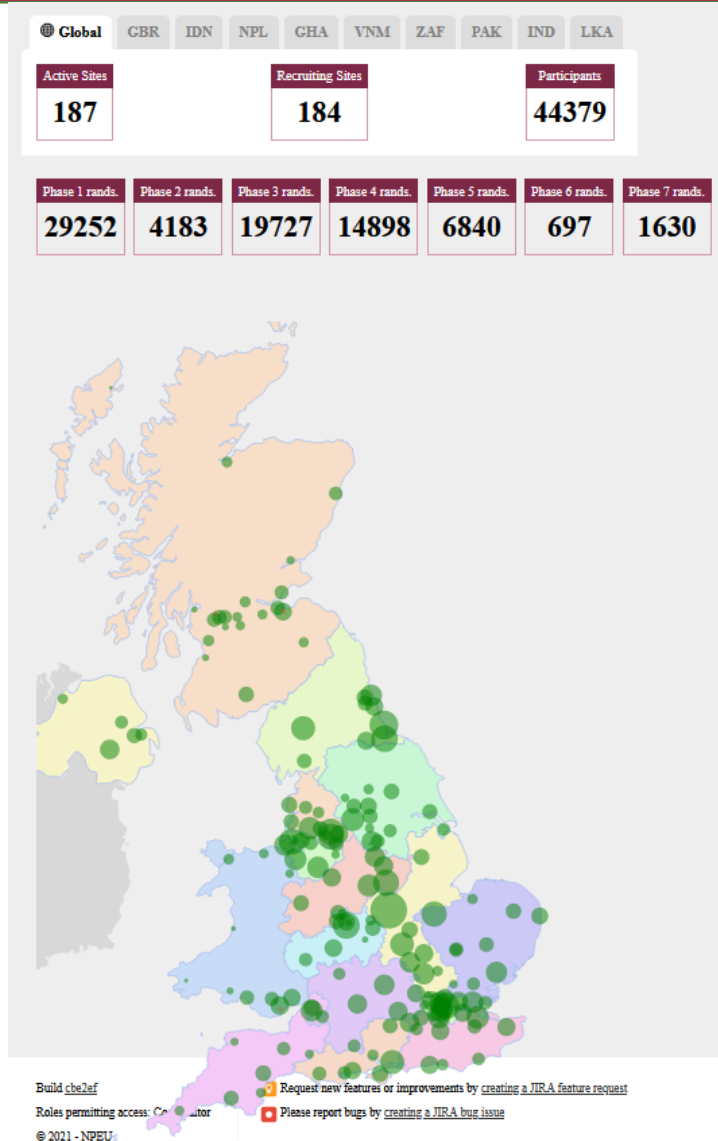
- One of the central study team will talk to the agenda
- If you have questions please enter them into the “Q&A” on the right side of your screen.
- Questions may be answered directly or to the whole group

PROGRESS UPDATE

Planned design (adults)



Recruitment by site and by time



Current numbers in comparisons

- Baricitinib vs usual care: ~6800
- Dimethyl fumarate vs usual care: 640
- Empagliflozin: ~1600
- High-dose corticosteroids: ~700

Recruitment

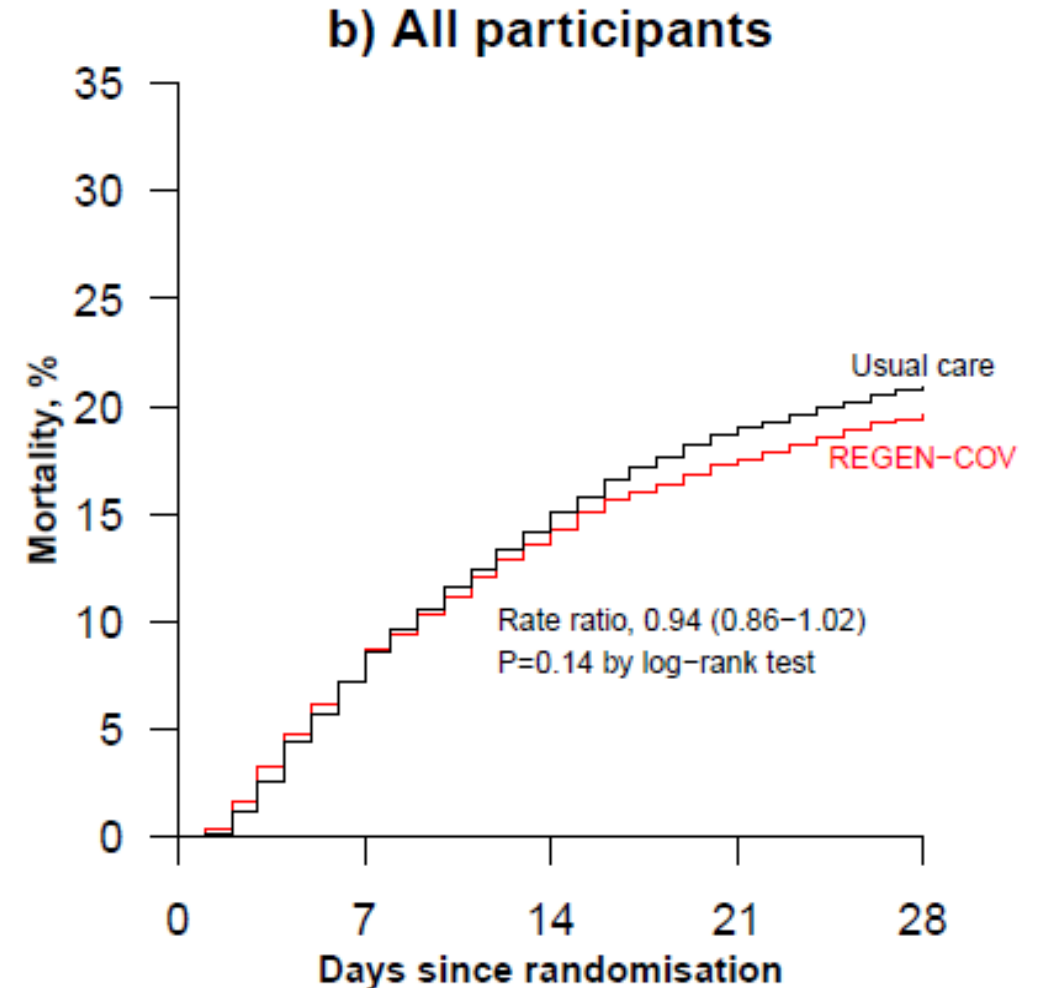
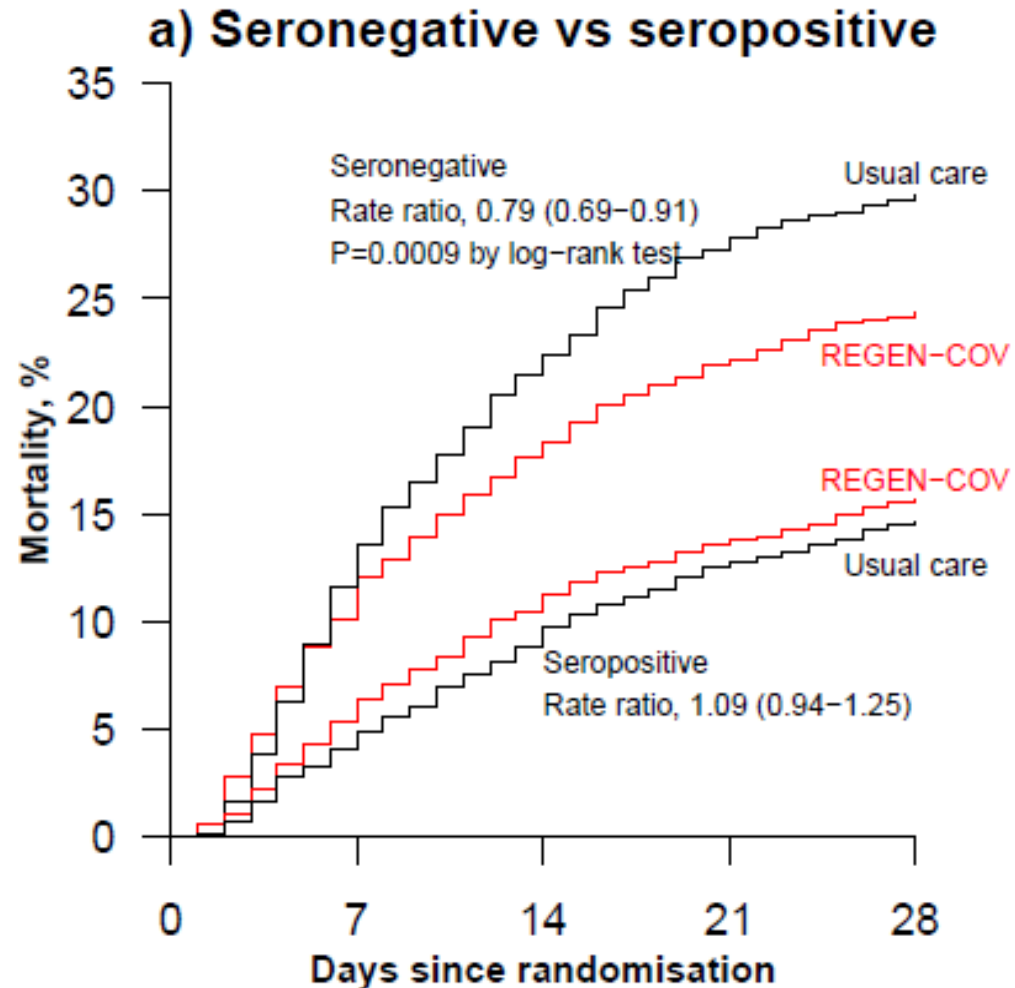


- Many staff will be returning to previous research studies, but please do ensure that your site continues to have a strategy to identify, invite and recruit patients presenting with COVID-19
- Numbers being admitted is fairly static, but remains important to offer trial to as many as possible
- Proportion of admitted patients has fallen from average of 10% to about 3%

REGEN-COV (CASIRIVIMAB AND IMDEVIMAB)

- Results published online earlier this year; currently under peer-review
- REGEN-COV = REGN-COV2 = Ronapreve = Casirivimab and imdevimab
- Analysis plan slightly different to previous analyses: focus on seronegative participants because of earlier trials with REGEN-COV showing effects different among seronegative and seropositive individuals

Primary outcome, by serostatus



- REGEN-COV has been licensed by MHRA for treatment of outpatients
- NHS England are preparing guidance on use (off license initially) in hospitalised patients, based on RECOVERY results
- RECOVERY results will be submitted to international regulators to update the license to include hospitalised patients

DIMETHYL FUMARATE

Dimethyl fumarate

- Recently added to protocol and has been piloted at some sites
- Includes extra data collection on:
 - S/F_{94} (measurement of oxygenation function of lungs)
 - WHO scale
 - Lab results
 - Tolerability of DMF
- Sites can still express an interest in participating in this arm

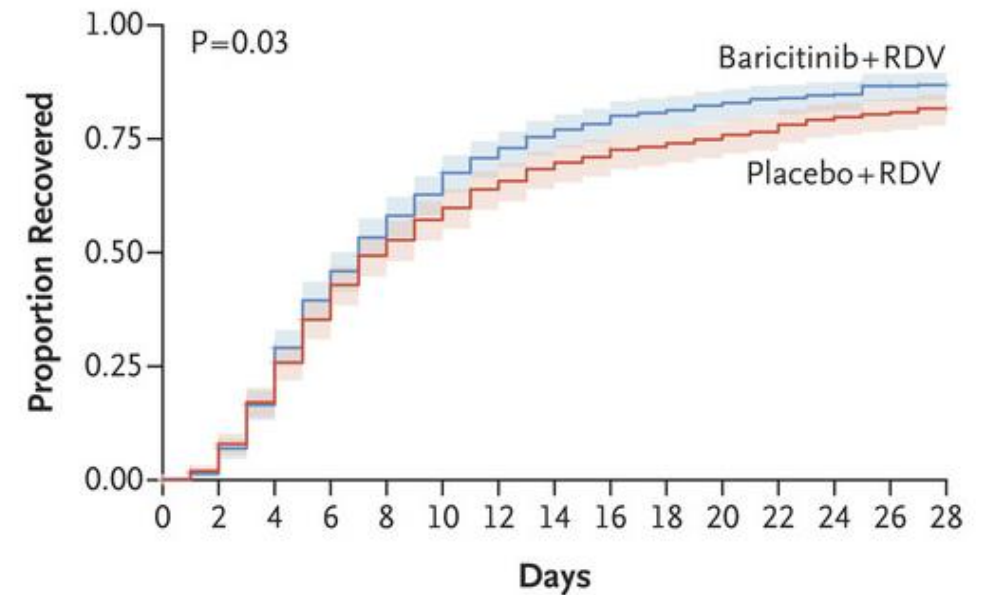
Dimethyl fumarate

- Analysis of blinded data so far shows that duration of admission has shortened, so many participants do not have day 5 S/F₉₄ measurement recorded as they have left hospital
- Some sites have not recorded measurements for participants in control arm. **All participants in DMF comparison (both on DMF and in usual care group) must have S/F₉₄ measurements.**
- Protocol amendment has been made to change primary outcome to WHO score (which can account for discharge before day 5) and consequent increase in sample size to 700 participants

BARICITINIB

Baricitinib in COVID-19

- JAK/STAT system is key to immune activation so modulating it may be beneficial
- Data from ACTT-2 show quicker time to recovery

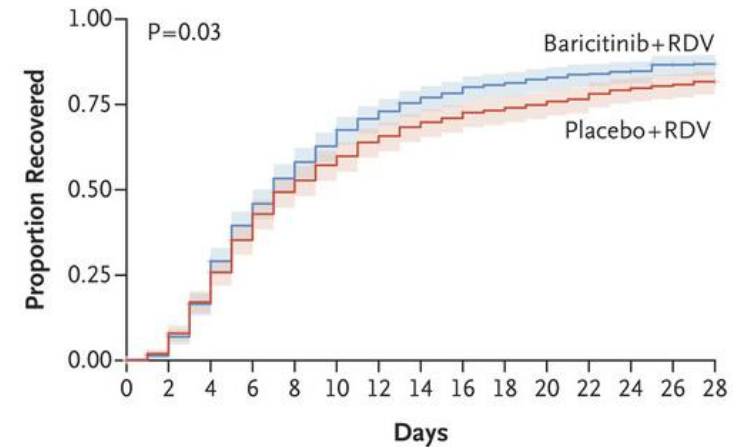


No. at Risk

| | | | | | | | | | | | | | | | |
|-----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|----|
| Baricitinib+RDV | 515 | 497 | 418 | 302 | 233 | 186 | 145 | 121 | 107 | 95 | 87 | 80 | 76 | 63 | 30 |
| Placebo+RDV | 518 | 495 | 417 | 322 | 251 | 211 | 178 | 156 | 143 | 131 | 123 | 115 | 102 | 92 | 44 |

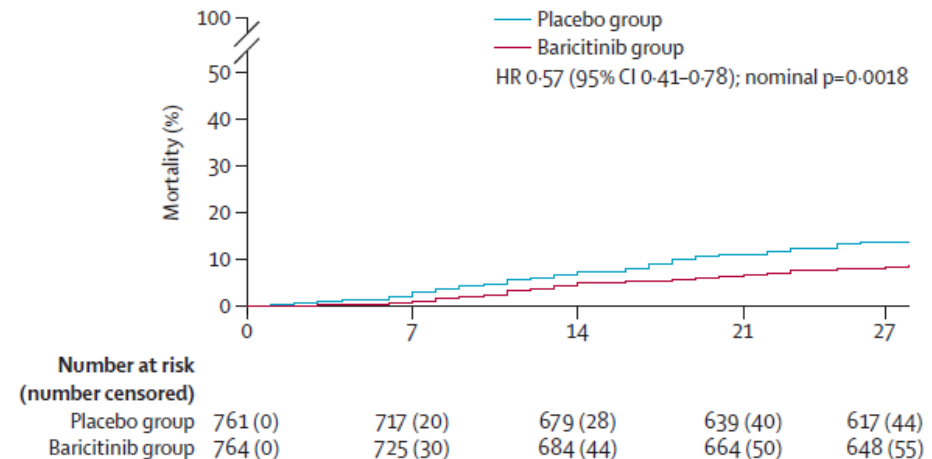
Baricitinib in COVID-19

- JAK/STAT system is key to immune activation so modulating it may be beneficial
- Data from ACTT-2 show quicker time to recovery
- Data from COV-BARRIER show possible mortality benefit (and reassuring safety data)

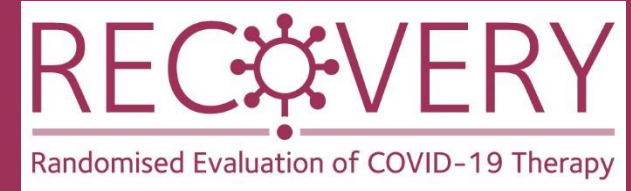


No. at Risk

| | | | | | | | | | | | | | | | |
|-----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|----|
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| Placebo+RDV | 518 | 495 | 417 | 322 | 251 | 211 | 178 | 156 | 143 | 131 | 123 | 115 | 102 | 92 | 44 |



Baricitinib in RECOVERY



- >6800 participants recruited to date
- Overall 28 day mortality rate is ~13% (compared to 20-25% earlier in pandemic)
- This means about 7500 participants are needed to identify a 20% reduction (e.g. 13% to 10.5%) reliably

EMPAGLIFLOZIN

SGLT-2 inhibitors and Empagliflozin (empa)

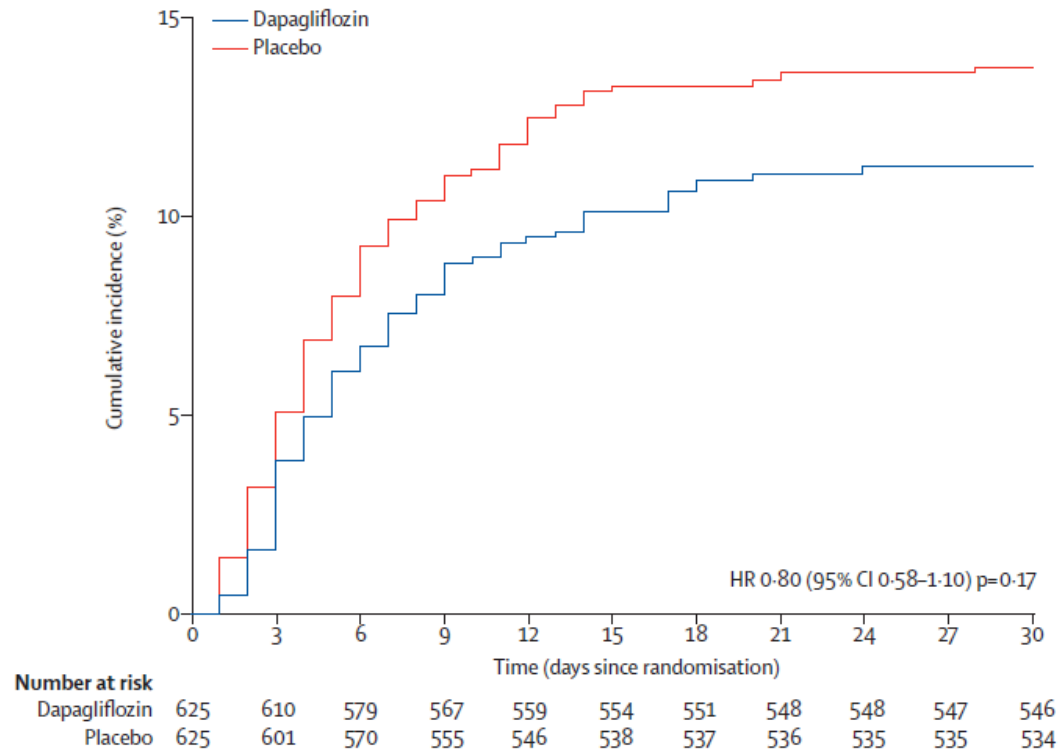
- Empagliflozin is an SGLT-2 inhibitor (SGLT-2i)
- SGLT-2 = sodium-glucose co-transporter 2 and is the main process by which glucose filtered into the urine is reabsorbed by the kidney
- SGLT-2i were developed as treatments for diabetes because they can lower blood sugar
- In addition to lowering blood sugar they have also been found to reduce the risk of:
 - Atherosclerotic cardiovascular events (eg, myocardial infarction) in people with type 2 diabetes
 - Cardiovascular death in people with heart failure
 - Progression of chronic kidney disease in people with diabetes and CKD

SGLT-2i in COVID-19

- SGLT-2i may have beneficial effects in COVID-19
 - Shift in energy metabolism from glucose (which SARS-CoV-2 may rely on) to lipids
 - Improve endothelial function
 - Anti-inflammatory effects
- DARE-19 trial compared dapagliflozin with placebo among 1250 patients hospitalised for COVID-19 with another 'risk factor' (eg, diabetes, cardiovascular disease)

SGLT-2i in COVID-19: DARE-19 results

Primary outcome: organ failure or death



Primary outcome: components

| | Dapagliflozin n/N | Placebo n/N | HR (95% CI) |
|------------------------------------|----------------------|----------------|------------------|
| Primary composite outcome | 70/625 | 86/625 | 0.80 (0.58-1.10) |
| New or worsening organ dysfunction | 64/625 | 80/625 | 0.80 (0.57-1.11) |
| Respiratory decompensation | 58/625 | 70/625 | 0.85 (0.60-1.20) |
| Cardiac decompensation | 47/625 | 58/625 | 0.81 (0.55-1.19) |
| Kidney decompensation | 24/625 | 35/625 | 0.65 (0.38-1.10) |
| Death from any cause | 41/625 | 54/625 | 0.77 (0.52-1.16) |

0.3 0.5 1.0 2.0

Dapagliflozin better Placebo better

Empagliflozin in RECOVERY



- Available in all countries
- Separate factorial randomisation to others (so can be given in addition to other study treatment allocations)
- **Dose: 10 mg once daily for up to 28 days** (stopped at discharge if sooner)
- **Exclusions:**
 - Type 1 diabetes mellitus* or post-pancreatectomy diabetes mellitus
 - History of ketoacidosis
 - Current blood ketones ≥ 1.5 mmol/L (or urine ketones $\geq 2+$)
 - Pregnancy or breast-feeding
 - (No exclusions around kidney or liver function)

* If patient is only on insulin, consider carefully whether diabetes is type 1 and seek advice if necessary

Adverse effects of SGLT-2i

- Mycotic genital infection (eg, vulvovaginal candidiasis or candidal balanitis)
 - Commonest adverse effect
 - Easily treated with topical antifungal eg, clotrimazole cream
- Hypoglycaemia
 - SGLT-2i do not cause hypoglycaemia unless given with insulin or insulin secretagogue (eg, sulphonylurea such as gliclazide)
- Volume depletion
 - SGLT-2i cause natriuresis and osmotic diuresis so care required with fluid balance

Adverse effects of SGLT-2i

- Ketoacidosis
 - Defined as combination of both **ketosis** (blood ketones ≥ 1.5 mmol/L or urine ketones $\geq 2+$) and **metabolic acidosis** (bicarbonate < 15 mmol/L)
 - Only occurs in people with diabetes
 - NB can occur with relatively normal blood sugar if on SGLT-2i
- Participants with diabetes should have regular checks of ketones
 - Twice daily blood ketones (or once daily urine ketones if blood ketone testing not available) or if clinical concern*
 - If ketosis (blood ketones ≥ 1.5 mmol/L or urine ketones $\geq 2+$) develops:
 - Ensure adequate fluid and calorific intake
 - Refer to local diabetes team (if available) and follow local protocols for ketosis
 - Consider increasing insulin (if participant on it) and withholding empagliflozin while ketotic

* Blood ketones are quantitative whereas urine ketones only semi-quantitative

Additional outcomes to be collected

- Ketoacidosis: defined as combination of both **ketosis** (blood ketones ≥ 1.5 mmol/L or urine ketones $\geq 2+$) and **metabolic acidosis** (bicarbonate < 15 mmol/L)
- Severe hypoglycaemia i.e. hypoglycaemia causing a reduced conscious level requiring another person to recover
- Hyperglycaemia requiring new insulin or with hyperosmolar state
- Peak creatinine during admission

TRIAL PROCEDURES

- RECOVERY allows consent to be given:
 - By patient (either in person or witnessed)
 - By legal representative (either relative or – if not available in person – independent doctor) if patient does not have capacity
- Some issues have been identified with consent by legal representative:
 - Original protocol required consent to be sought from such patients if they regain capacity
 - Doctors acting as legal representative not always independent (as defined by regulations)

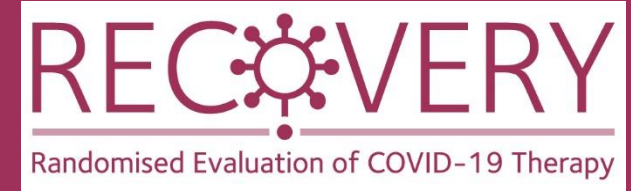
- We strongly recommend that sites identify a small group of doctors to act as legal representatives
 - Such individuals can complete trial training (so they understand trial) but should not be involved in trial in any other way
 - Number of such individuals can be determined depending on the site size and organisation

Consent



- Participants whose consent was given by legal representative should be informed of their participation prior to discharge
 - From 8 November (when protocol V18.1 goes 'live') such participants do **not** need to give written consent
 - They **do** need to be given written information (e.g. PIS) about the trial which informs them of their rights and how to exercise them
 - **Please** document in medical notes that such information has been provided
- Please also include participation in RECOVERY in discharge summaries

Consent monitoring



- It has always been intention to monitor consent process, but delayed until now
- All sites will be asked to review a random sample of 20-40 consent forms
 - Precise number depends on number recruited at site
 - Sites who recruited ≤ 20 patients will review all
- CCO in Oxford will do random selection and provide tool for completion

Consent training



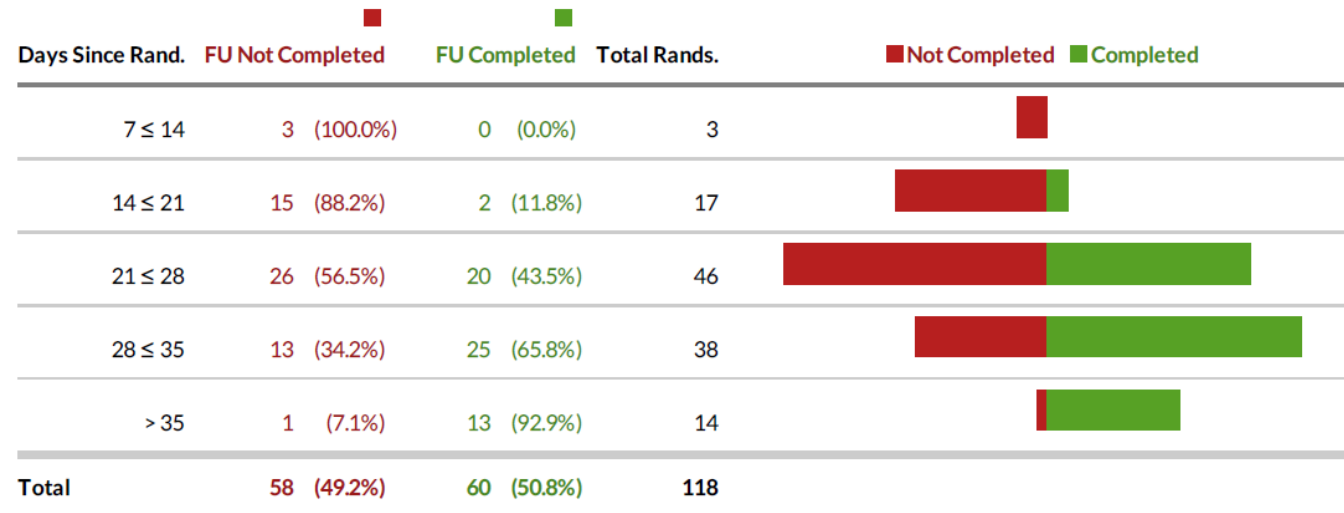
- Consent training materials will be updated
- **All staff** who will continue to obtain consent for RECOVERY will be required to complete new training (and online confirmation form)

- Earlier this year we wrote to ~8000 participants to inform them of trial results etc
- We will soon mail all participants to:
 - Inform them of trial results and their impact
 - Remind them of their participation and how to withdraw if they wish
- CCO may receive contact from participants. REC were keen that they could speak to site team if they wish, so some contacts may be passed to site PIs if requested by participants

Completeness of follow-up

- Weekly reminders highlighting participants randomised >28 days ago without complete form

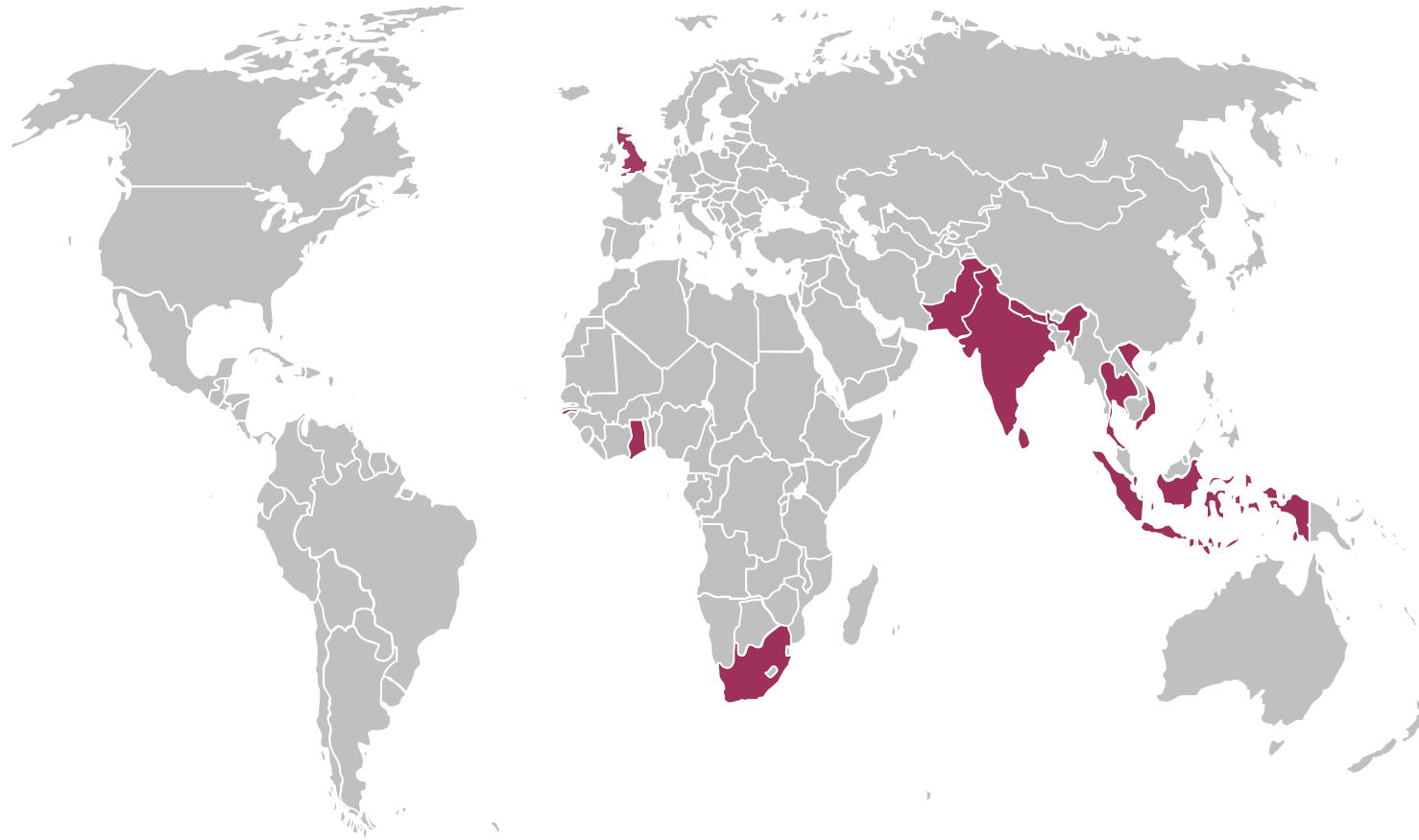
Follow-up form completion summary



- Please keep filling them in!

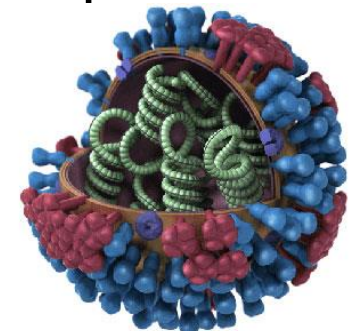
FUTURE PLANS

RECOVERY international

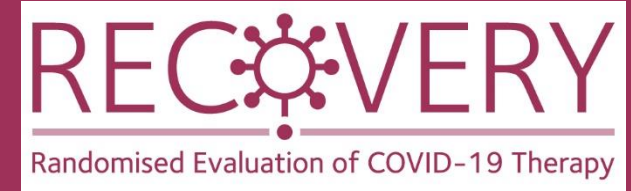


Influenza

- Seasonal influenza often kills several thousand patients a year in the UK
- Social distancing meant that 2020/21 season was much attenuated, so community resistance levels are low
- 2021/22 season could therefore be more significant
- RECOVERY is ideally positioned to assess treatments for hospitalised patients
 - Antiviral therapies
 - Corticosteroids



Carry on recruiting!



- RECOVERY remains the largest global trial in COVID-19 and is an exemplar of what trials can do (both in and after pandemic)
- Current therapies are exciting, but need reliable data before they should be used routinely
- THANK YOU for all your support to date and please don't forget RECOVERY!

Randomised Evaluation of COVID-19 Therapy: the RECOVERY trial

Collaborators' Meeting for Pregnancy

1 November 2021

RECOVERY for pregnant women



1. Update on covid-19 and pregnancy
2. Update on adaptations
3. Update on UKOSS
4. Future plans
5. Q&A

Covid-19 and pregnancy

RESEARCH

OPEN ACCESS
Check for updates
Characteristics and outcomes of pregnant women admitted to hospital with confirmed SARS-CoV-2 infection in UK: national population based cohort study

Marian Knight,¹ Kathryn Bunch,¹ Nicola Vousden,² Edward Morris,³ Nigel Simpson,⁴ Chris Gale,⁵ Patrick O'Brien,⁶ Maria Quigley,¹ Peter Brocklehurst,⁷ Jennifer J Kurir,¹ On behalf of the UK

BMJ: first published as 10.1136/bmj.m333

PLOS ONE

PUBLISH ABOUT BROWSE

OPEN ACCESS
PEER-REVIEWED
RESEARCH ARTICLE

The incidence, characteristics and outcomes of pregnant women hospitalized with symptomatic and asymptomatic SARS-CoV-2 infection in the UK from March to September 2020: A national cohort study using the UK Obstetric Surveillance System (UKOSS)

Marian Knight, Kathryn Bunch, Edward Morris, Nigel Simpson, Christopher Gale, Patrick O'Brien, Maria Quigley,

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Comments (3)

Impact of SARS-CoV-2 variant on the severity of maternal infection and perinatal outcomes: Data from the UK Obstetric Surveillance System national cohort

Nicola Vousden, Rema Ramakrishnan, Kathryn Bunch, Edward Morris, Nigel Simpson, Christopher Gale, Patrick O'Brien, Maria Quigley, Peter Brocklehurst, Jennifer J Kurir, Marian Knight

doi: <https://doi.org/10.1101/2021.07.22.21261000>

Check for updates

¹ National Perinatal Epidemiology Unit, Nuffield Department of Population Health, University of Oxford, Oxford, UK

² Institute of Applied Health Research, University of Birmingham, Birmingham, UK

³ UK Obstetric Surveillance System

Include pregnant women in research—particularly covid-19 research

Adapting interventions and changing attitudes will drive scientific progress

Marian Knight,¹ R Katie Morris,² Jenny Furniss,³ Lucy C Chappell¹

The UK Confidential Enquiries into Maternal Deaths have repeatedly highlighted inequities in the medical treatment of pregnant and postpartum women, noting or breastfeeding allows safety concerns to be allayed for women, their families, and healthcare professionals.

Morbidity and Mortality Weekly Report

Update: Characteristics of Symptomatic Women of Reproductive Age with Laboratory-Confirmed SARS-CoV-2 Infection by Pregnancy Status — United States, January 22–October 3, 2020

Laura D. Zambrano, PhD^{1,*}; Sascha Ellington, PhD^{1,*}; Penelope Strid, MPH¹; Romeo R. Galang, MD¹; Titilope Oduyebo, MD¹; Van T. Tong, MPH¹; Kate R. Woodworth, MD¹; John F. Nahabedian III, MS¹; Eduardo Azziz-Baumgartner, MD¹; Suzanne M. Gilboa, PhD¹; Dana Meaney-Delman, MD¹; CDC COVID-19 Response Pregnancy and Infant Linked Outcomes Team

Maternal, Newborn and Infant Clinical Outcome Review Programme



Saving Lives, Improving Mothers' Care

Rapid report: Learning from SARS-CoV-2-related and associated maternal deaths in the UK

Maternal, Newborn and Infant Clinical Outcome Review Programme



Saving Lives, Improving Mothers' Care

Rapid report 2021: Learning from SARS-CoV-2-related and associated maternal deaths in the UK

June 2020–March 2021

RESEARCH

OPEN ACCESS

Check for updates

FAST TRACK

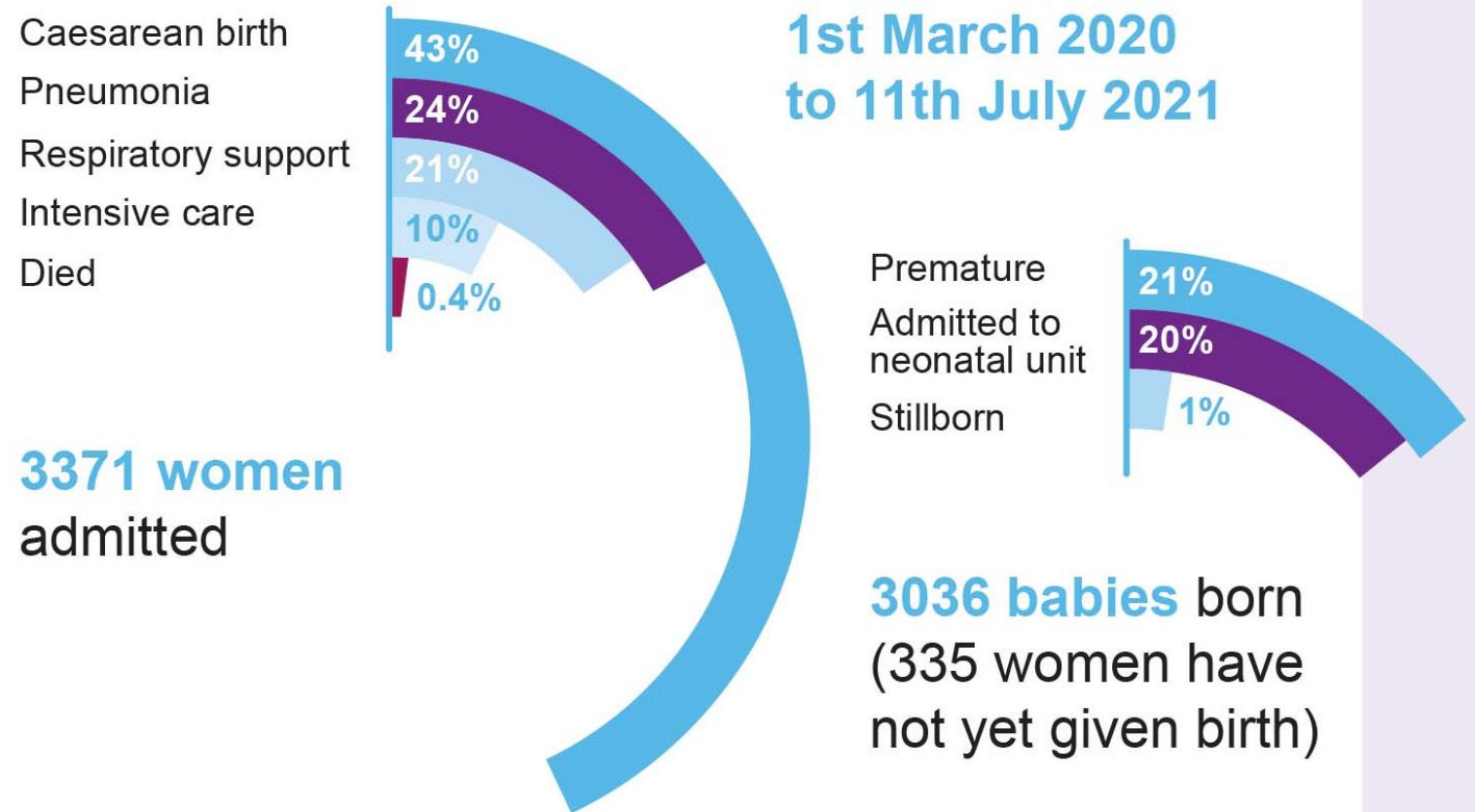
EDITORIALS

Clinical manifestations, risk factors, and maternal and perinatal outcomes of coronavirus disease 2019 in pregnancy: living systematic review and meta-analysis

John Allotey,^{1,2} Elena Stallings,^{3,4} Mercedes Bonet,⁵ Magnus Yap,⁶ Shaunak Chatterjee,⁶ Tania Kew,⁶ Luke Debenham,⁶ Anna Clavé Llavall,⁶ Anushka Dixit,⁶ Dengyi Zhou,⁶ Rishab Balaji,⁶ Siang Ing Lee,¹ Xiu Qiu,^{7,8,9} Mingyang Yuan,^{1,7} Dyuti Coommar,¹ Madelon van Wely,¹⁰ Elizabeth van Leeuwen,¹¹ Elena Kostova,¹⁰ Heinke Kunst,^{12,13} Asma Khalil,¹⁴ Simon Tiberi,^{12,13} Vanessa Brizuela,⁵ Nathalie Broutet,⁵ Edna Kara,³ Caron Rahn Kim,⁵ Anna Thorson,⁵ Olufemi T Oladapo,⁵ Lynne Mofenson,¹⁵ Javier Zamora,^{3,4,16} Shakila Thangaratnam,^{2,17} for PregCOV-19 Living Systematic Review Consortium

BMJ: first published as 10.1136/bmj.m333

Outcomes of COVID-19 for pregnant women and their babies after admission to hospital with symptoms



Who is at greatest risk?

- Risk of admission and risk of severe infection is greatest in:

➤ aged over 35

x 2.1

➤ BMI > 30

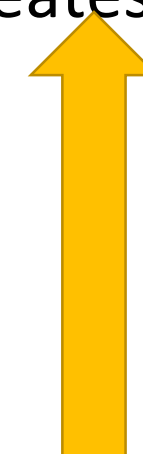
x 2.7

➤ pre-existing comorbidity

70%

➤ non-White ethnicity

66%



risk of
ICU admission¹

➤ Third trimester

83% of those admitted

Respiratory support needs during Wildtype, Alpha and Delta variant periods

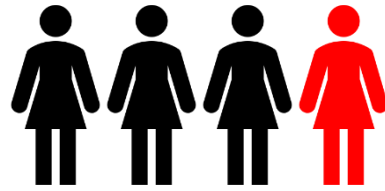


| | Wildtype N=1435 (%) | Alpha N=1765 (%) | Delta N=171 (%) | OR Alpha vs. Wildtype (95% CI) | aOR Alpha vs. Wildtype (95% CI) | OR Delta vs. Alpha (95% CI) | aOR Delta vs. Alpha (95% CI) |
|--|------------------------|---------------------|-----------------------|--------------------------------------|------------------------------------|--------------------------------|---------------------------------|
| Composite indicator of moderate to severe infection | 350 (24.4) | 631 (35.8) | 77 (45.0) | 1.72 (1.48-2.01) | 1.75 (1.48-2.06) | 1.47 (1.07-2.02) | 1.53 (1.07-2.17) |
| Evidence of pneumonia on imaging | 274 (19.1) | 486 (27.5) | 63 (36.8) | 1.61 (1.36-1.90) | 1.65 (1.38-1.98) | 1.54 (1.12-2.13) | 1.64 (1.14-2.35) |
| Respiratory support required | 183 (20.3) | 466 (27.2) | 52 (33.3) | 1.47 (1.21-1.78) | 1.39 (1.13-1.71) | 1.34 (0.95-1.90) | 1.43 (0.97-2.11) |
| Critical Care received | 111 (7.7) | 199 (11.3) | 26 (15.2) | 1.52 (1.19-1.94) | 1.61 (1.24-2.10) | 1.41 (0.91 -2.20) | 1.60 (0.99-2.59) |

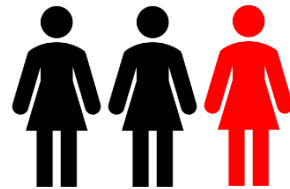
Disease severity

The proportion of hospitalized symptomatic women with moderate to severe COVID-19 has increased

- First wave:



- Alpha variant:



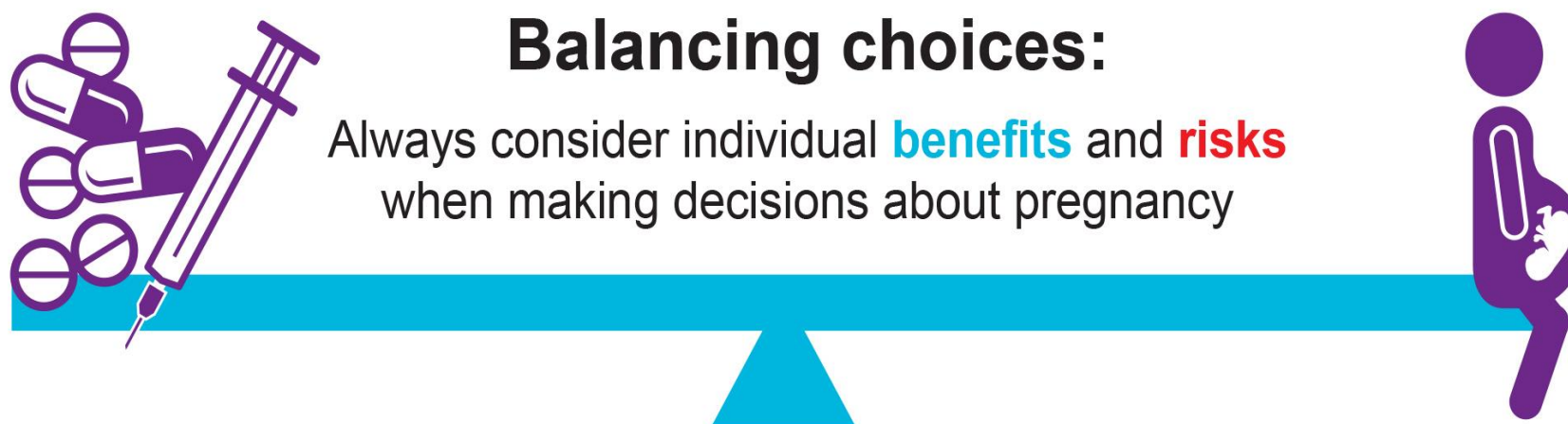
- Delta variant:



Pregnant and postpartum women appear disproportionately severely affected compared to non-pregnant people of reproductive age

Covid-specific medical therapies in pregnant women

- Covid-specific medical therapies are still used infrequently, even for women who are critically ill
- Steroids for maternal indication administered to only around a quarter of pregnant women admitted to intensive care



Delta variant and perinatal outcomes

Overall:

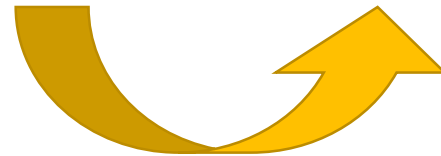
- 1 in 100 have a stillbirth
- 1 in 3 have a preterm birth
- 1 in 5 babies admitted to neonatal unit

Delta variant:

- 1 in 100 have a stillbirth

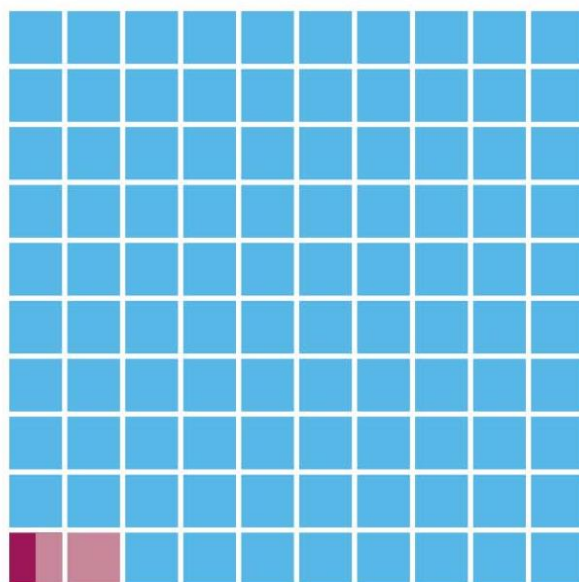


- In Alpha variant: 23% increase in NNU admission



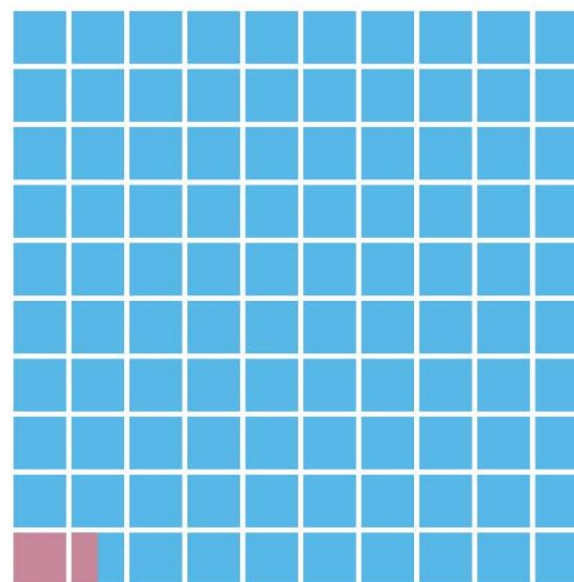
1st February 2021 to 30th September 2021

1714 pregnant women
admitted to hospital with
symptomatic COVID



98.1% unvaccinated
1.5% one dose
0.4% two doses

235 of whom (14%)
were admitted to
intensive care

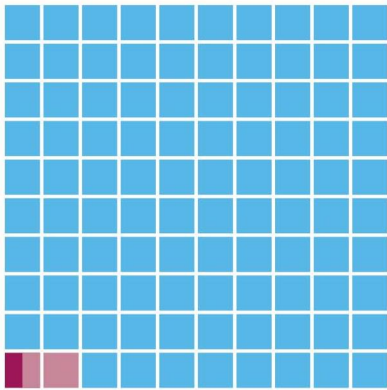


98.7% unvaccinated
1.3% one dose

Hospital admissions with

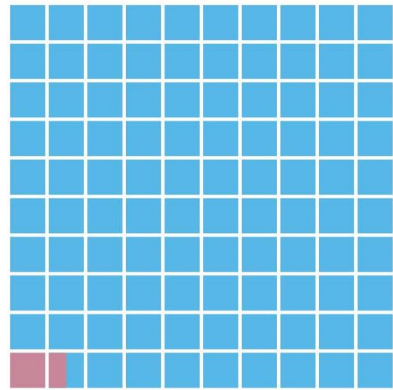
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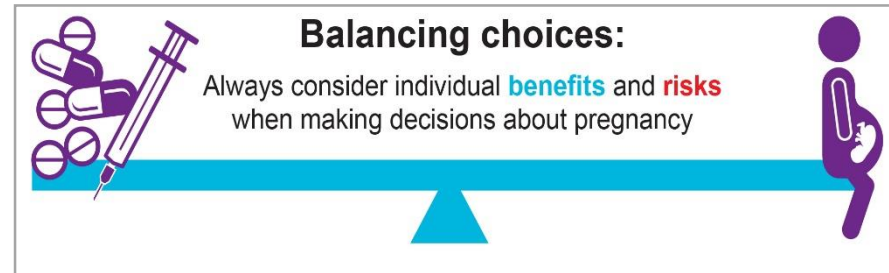


98.1% unvaccinated
1.5% one dose
0.4% two doses

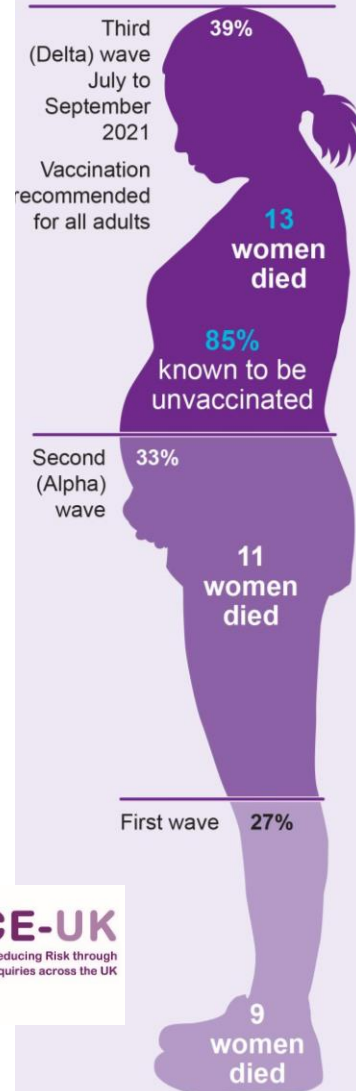
235 of whom (14%)
were admitted to
intensive care



98.7% unvaccinated
1.3% one dose



Maternal deaths during
pregnancy or up to 42
days after pregnancy
with COVID-19



Update from UKOSS this week



Nuffield Department of
POPULATION HEALTH
Medical Sciences Division

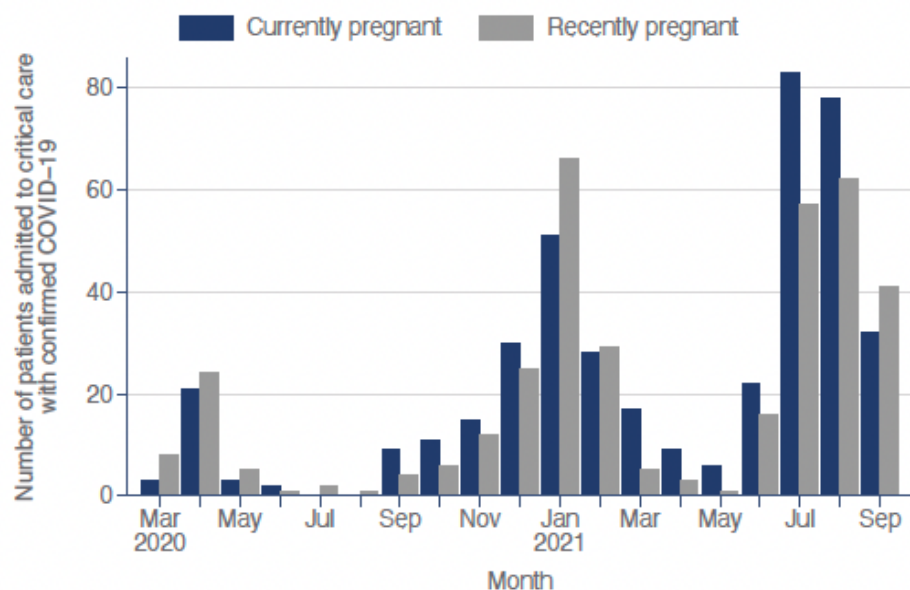


Notifications by week



ICNARC data (critical care)

ICNARC report on COVID-19 in critical care: England, Wales and Northern Ireland 29 October 2021

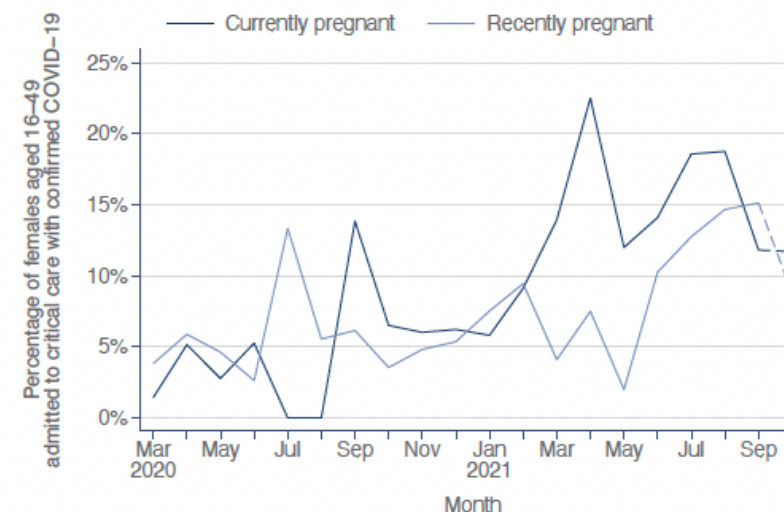


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Figure 28. Numbers currently and recently pregnant

Monthly trend in the number of women reported to be currently or recently pregnant on admission to critical care.

| Demographics | Patients with confirmed COVID-19 | |
|--|--------------------------------------|--|
| | Admitted 1 May 2021 to date (N=8720) | Admitted 1 Sep 2020-30 Apr 2021 (N=25,841) |
| Currently or recently pregnant, n (% of females aged 16-49) [N=1513] | | |
| Currently pregnant | 245 (16.2) | 169 (7.4) |
| Recently pregnant (within 6 weeks) | 194 (12.8) | 150 (6.6) |
| Not known to be pregnant | 1074 (71.0) | 1970 (86.1) |

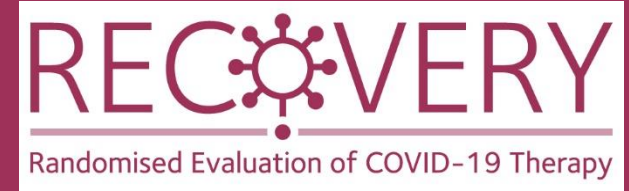


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Figure 29. Percentages currently and recently pregnant

Monthly trend in the percentage of women aged 16-49 years reported to be currently or recently pregnant on admission to critical care.

Covid-19 and pregnancy: headlines



- Covid-19 affects pregnant women
- Additional risk factors previously identified (ethnic minority groups, increasing gestation, higher maternal age, high BMI, pre-existing comorbidities)
- Impact on preterm birth continues to be major impact
- Ongoing evaluation of increased maternal risk (ICU admission and maternal morbidity) and increased perinatal risk (stillbirth, neonatal infection)
- RECOVERY trial is one of few trials to include pregnant women, and has changed clinical practice, including for pregnant women

Covid-19 and pregnancy: RCOG



Royal College of
Obstetricians &
Gynaecologists

Coronavirus (COVID-19) Infection in Pregnancy

Information for healthcare professionals

Version 14: Published Wednesday 25 August

Quick reference summary of acute COVID-19 management in pregnancy

Quick reference only, see section 6 for further detail.

- Assess – admit, or discharge with clear advice about symptom deterioration and specific contact details.
- Oxygen to maintain saturations above 94%, escalating with e.g. nasal prongs, masks, CPAP, IPPV, ECMO
- No antibiotics unless additional bacterial infection suspected.
- LMWH for VTE prophylaxis
- Steroids if oxygen is needed (e.g. oral prednisolone 40 mg once daily or IV hydrocortisone 80 mg twice daily, with intramuscular dexamethasone 6 mg twice daily for four doses followed by oral prednisolone as below if fetal lung maturity is also required).
- MDT review – is escalation required? Does birth need expediting?
- Strongly consider tocilizumab (400 mg/600 mg/800 mg single IV infusion depending on weight) if C-reactive protein at or above 75 mg/l or in ICU.
- Strongly consider REGEN-COV monoclonal antibodies (8 g single IV infusion) in those with no SARS-CoV-2 antibodies.

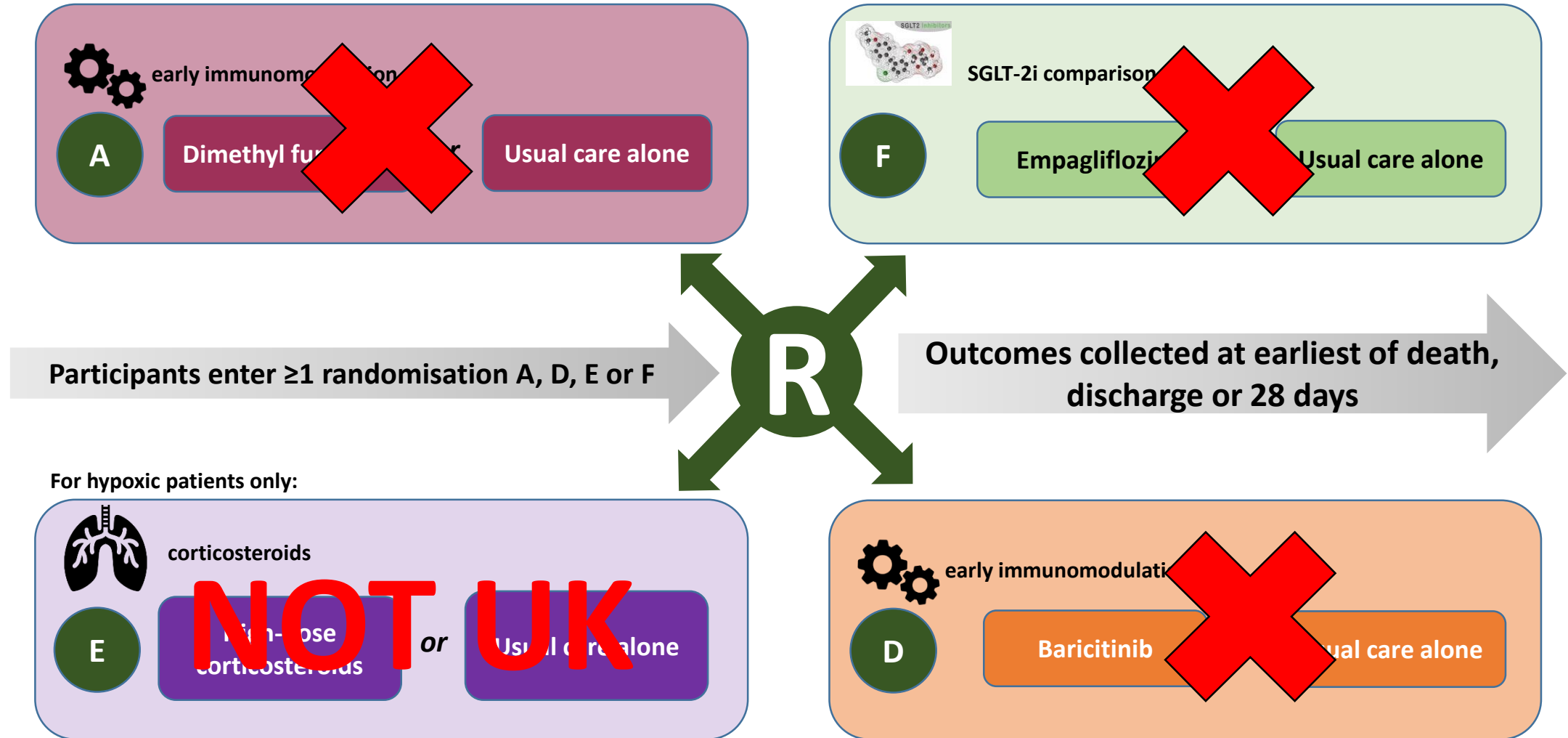
Remdesivir should only be considered for those who are not improving or who are deteriorating.

Azithromycin, hydroxychloroquine and lopinavir/ritonavir have been shown to be ineffective and should not be offered.

Planned design (pregnant adults)

ELIGIBLE PATIENTS

OUTCOMES



Planned design (postnatal adults) (not breastfeeding)

ELIGIBLE PATIENTS



early immunomodulation - 1

A

Dimethyl fumarate

or

Usual care alone



SGLT-2i comparison

F

Empagliflozin

or

Usual care alone

For hypoxic patients only:



corticosteroids

E

High-dose
corticosteroids

or

Usual care alone



early immunomodulation - 2

D

Baricitinib

or

Usual care alone

R

Participants enter ≥ 1 randomisation A, D, E or F

Outcomes collected at earliest of death,
discharge or 28 days

OUTCOMES

NOT UK

RECOVERY for pregnant women



Site teams

This page contains additional information for RECOVERY site team members. Follow these links for guidance on [randomisation](#) and [how to collect follow-up data](#).

[RECOVERY Privacy Notice for Trial Staff](#)

INTERVENTION INFORMATION

[RECOVERY intervention sheet - empagliflozin](#)

[RECOVERY intervention sheet - baricitinib](#)

[RECOVERY intervention sheet - tocilizumab](#)

[RECOVERY intervention sheet - dimethyl fumarate](#)

[RECOVERY position statement on baricitinib and tocilizumab](#)

[Measurement of additional early phase assessment outcomes SOP v1.3](#)

GUIDES FOR SPECIFIC PATIENT GROUPS

[RECOVERY for paediatric patients](#)

[RECOVERY for patients with chronic kidney disease](#)

[RECOVERY for pregnant and breastfeeding women](#)

[RECOVERY and remdesivir](#)

COLLABORATORS' MEETINGS SLIDES

We apologise if you were unable to join the meetings.

[26 April 2021](#)

[27 April 2021](#)

[22 February 2021](#)

[23 February 2021](#)

[25 January 2021](#)

[26 January 2021](#)

[4 January 2021](#)

[5 January 2021](#)

[7 December 2020](#)

[8 December 2020](#)

[16 November 2020](#)

[17 November 2020](#)

Pregnancy information document

RANDOMISED EVALUATION OF COVID-19 THERAPY ([RECOVERY](#))

for pregnant and breastfeeding women

Pregnancy lead: Prof Marian Knight

With support of UK Teratology Information Service (Dr Ken Hodson, Medical Director)

| | RECOVERY trial protocol | Adaption for pregnancy |
|----------------------------|---|---|
| Eligibility | Patients are eligible if all of the following are true: <ul style="list-style-type: none"> i. Hospitalised ii. SARS-CoV-2 infection (clinically suspected or lab confirmed) iii. No medical history that might, in the opinion of the attending clinician, put the patient at significant risk if they were to participate in the trial | Same eligibility |
| Interventions | First randomisation part A <ul style="list-style-type: none"> • Dimethyl fumarate (in some sites) First randomisation part D <ul style="list-style-type: none"> • Baricitinib First randomisation part F <ul style="list-style-type: none"> • Empagliflozin | Interventions for pregnant women <ul style="list-style-type: none"> • No interventions currently available <p><i>Not recommended in pregnancy</i></p> <ul style="list-style-type: none"> • <i>Dimethyl fumarate</i> • <i>Baricitinib</i> • <i>Empagliflozin</i> |
| Follow-up/ outcomes | Ascertained at the time of death or discharge or at 28 days after randomisation (whichever is sooner): <ul style="list-style-type: none"> ➤ Vital status (alive/ dead, with date and presumed cause of death, if appropriate) ➤ Hospitalisation status (inpatient/ discharged, with date of discharge, if appropriate) ➤ Use of ventilation (none/ previous/ ongoing, with days of use and type, if appropriate) ➤ Use of renal dialysis or haemofiltration (none/ previous/ ongoing) | Same follow-up and outcomes, with addition of UKOSS COVID-19 case number (for pregnancy and baby information) to allow later data linkage |
| | | Adaptions for breastfeeding |
| | | The same interventions as in pregnancy should be used. UKOSS COVID-19 case number added if available. |

Follow-up = the same, + linkage



Nuffield Department of
POPULATION HEALTH



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Search (e.g. Randomisation)

You are here: [UKOSS](#) / [Current Surveillance](#) / COVID-19 in Pregnancy

COVID-19 in Pregnancy



Key points

- Covid-19 is an infectious disease caused by a new strain of coronavirus.
- Covid-19 had not been detected in humans before the outbreak in December 2019.
- As the virus is new, little is known about its effect on certain groups of people, including pregnant women.

Surveillance period

1st March 2020 – 31st March 2021

Background

On this page

- [Key points](#)
- [Surveillance period](#)
- [Background](#)
- [Objective](#)
- [Research questions](#)
- [Case definition](#)
- [Funding](#)
- [Ethics committee approval](#)
- [Study registration](#)
- [Lead investigator](#)
- [Download the Data Collection Form \(DCF\)](#)
- [References](#)

Update on progress

- 160 pregnancy leads identified, supported by research midwives
- Midwife champions on board
- **122** pregnant or postpartum women recruited*
- *10 with pregnancy/postpartum status to be confirmed
- Birmingham Heartlands/Good Hope
- Frimley or Wexham Park
- James Paget
- Hereford
- Epsom & St Helier
- Croydon
- John Radcliffe
- Northumbria
- St Marys/Wythenshawe

Thank you

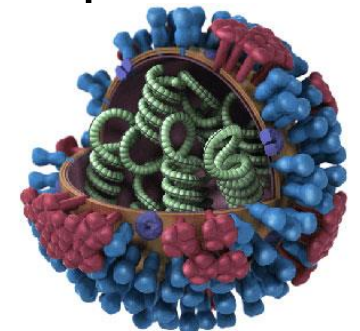


| | | |
|---|--|--|
| Ashford and St Peter's Hospitals NHS Foundation Trust | Leeds Teaching Hospitals NHS Trust | Oxford University Hospitals NHS Foundation Trust |
| Barts Health NHS Trust | Liverpool University Hospitals NHS Foundation Trust | Pennine Acute Hospitals NHS Trust |
| Bolton NHS Foundation Trust | Liverpool Women's NHS Foundation Trust | Royal Berkshire NHS Foundation Trust |
| Bradford Teaching Hospitals NHS Foundation Trust | Luton and Dunstable University Hospital NHS Foundation Trust | Royal Free London NHS Foundation Trust |
| Cambridge University Hospitals NHS Foundation Trust | Manchester University NHS Foundation Trust | Sheffield Teaching Hospitals NHS Foundation Trust |
| Chelsea and Westminster Hospital NHS Foundation Trust | Medway NHS Foundation Trust | Sherwood Forest Hospitals NHS Foundation Trust |
| Chesterfield Royal Hospital NHS Foundation Trust | Milton Keynes University Hospital NHS Foundation Trust | Shrewsbury and Telford Hospital NHS Trust |
| Croydon Health Services NHS Trust | NHS Greater Glasgow and Clyde: Glasgow Royal Infirmary | St George's University Hospitals NHS Foundation Trust |
| Epsom and St Helier University Hospitals NHS Trust | NHS Greater Glasgow and Clyde: Queen Elizabeth University Hospital | The Newcastle Upon Tyne Hospitals NHS Foundation Trust |
| Frimley Health NHS Foundation Trust | NHS Lothian: Royal Infirmary of Edinburgh | United Lincolnshire Hospitals NHS Trust |
| Guy's and St Thomas' NHS Foundation Trust | North Cumbria Integrated Care NHS Foundation Trust | University College London Hospitals NHS Foundation Trust |
| Imperial College Healthcare NHS Trust | North Tees and Hartlepool NHS Foundation Trust | University Hospitals Of Leicester NHS Trust |
| James Paget University Hospitals NHS Foundation Trust | North West Anglia NHS Foundation Trust | Western Sussex Hospitals NHS Foundation Trust |
| Kettering General Hospital NHS Foundation Trust | Northampton General Hospital NHS Trust | Worcestershire Acute Hospitals NHS Trust |
| King's College Hospital NHS Foundation Trust | Northumbria Healthcare NHS Foundation Trust | Wye Valley NHS Trust |
| Kingston Hospital NHS Foundation Trust | Nottingham University Hospitals NHS Trust | |

FUTURE PLANS

Influenza

- Seasonal influenza often kills several thousand patients a year in the UK
- Social distancing meant that 2020/21 season was much attenuated, so community resistance levels are low
- 2021/22 season could therefore be more significant
- RECOVERY is ideally positioned to assess treatments for hospitalised patients
 - Antiviral therapies
 - Corticosteroids



Influenza in pregnancy

Vaccine 35 (2017) 5738–5750



ELSEVIER

Contents lists available at ScienceDirect

Vaccine

journal homepage: www.elsevier.com/locate/vaccine



WHO Report

Influenza epidemiology and immunization during pregnancy: Final report of a World Health Organization working group

Deshayne B. Fell ^{a,1}, Eduardo Azziz-Baumgartner ^{b,2}, Michael G. Baker ^{c,3}, Maneesh Batra ^{d,4}, Julien Beauté ^{e,5}, Philippe Beutels ^{f,6}, Niranjana Bhat ^{g,7}, Zulfiqar A. Bhutta ^{h,i,8,9}, Cheryl Cohen ^{j,10}, Bremen De Mucio ^{k,11}, Bradford D. Gessner ^{m,12}, Michael G. Gravett ^{n,13}, Mark A. Katz ^{o,p,14}, Marian Knight ^{q,15}, Vernon J. Lee ^{r,16}, Mark Loeb ^{s,17}, Johannes M. Luteijn ^{t,18}, Helen Marshall ^{u,19}, Harish Nair ^{v,20}, Kevin Pottie ^{w,21}, Rehana A. Salam ^{x,y,22,23}, David A. Savitz ^{z,24}, Suzanne J. S. Skidmore ^{aa,25}, Justin R. Ortiz ^{ab,*}, on behalf of the WHO taskforce to evaluate influenza vaccine impact and economic modelling

PLOS ONE

RESEARCH ARTICLE

Incidence, risk factors and impact of seasonal influenza in pregnancy: A national cohort study

Nicola Vousden ^{1,2}, Kathryn Bunch ², Marian Knight ^{2*}, the UKOSS Influenza Co-Investigators Group ¹

¹ School of Population Health & Environmental Sciences, Faculty of Life Sciences & Medicine, King's College London, London, United Kingdom, ² Policy Research Unit in Maternal Health and Care, National Perinatal Epidemiology Unit, University of Oxford, Oxford, United Kingdom

[†] Membership of the UKOSS Influenza Co-Investigators Group is provided in the Acknowledgments.

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Influenza in pregnancy

- (WHO) Pregnant women with influenza have a higher risk of community-acquired pneumonia than non-pregnant patients with influenza (pooled OR 1.8, 95% CI 0.72–4.49)
- (WHO) Pregnant women have a higher risk of hospitalisation with lab confirmed influenza than non-pregnant patients (pooled OR 2.44; 95% CI 1.22–4.87)
- (UKOSS) Compared to pregnant women without influenza, pregnant women with influenza are:
 - More likely to be admitted to intensive care (aOR 21.3, 2.78-163.1)
 - More likely to have a caesarean birth (aOR 1.42, 1.02-1.98)
 - Their babies are more likely to be admitted to neonatal intensive care (aOR 1.86, 1.01-3.42)

Q&A